

## Peoples' Biodiversity Register (PBR): General Details

**Name of the Panchayat Samity:** Kither

**Taluk:** Bunjwah

**District:** Kishtwar

**UT:** Jammu & Kashmir

**Geographical Area of the Panchayat Samity:**

**Population under the Panchayat Samity: Total = 1272**

**Male:** 630

**Female:** 642

**Habitat and Topography:** Hilly terrain

**Climate (Rainfall, Temperature and other weather patterns)**

**Land Use (Nine fold classification available with village records)**

**Date, Month and Year of PBR preparation:** 30/10/2020

**Management Regime: Reserve Forests (RF) / Joint Forest Management (JFM) / Protected Areas (PA) / Community Owned and Managed Forests (COM)**

## Annexure 1

### Details of Biodiversity Management Committee (BMC) of the panchayat (One elected Chairperson and six persons nominated by the local body; not less than one third to be women and not less than 18% belonging to SC/ST)

1) Name of the Chairperson: Mohd Ibrahim

Age: 40

Gender: Male

Address: Pichli Kither

Area of specialization: Herbs

2) Name: Tahira Begum w/o Sher Din

Age: 33 years

Gender: Female

Address: Pichli Kither

Area of specialization: Housewife

3) Name: Maryam Begum

Age: 42 years

Gender: Female

Address: Pichli Kither

Area of specialization: Agriculture

4) Name: Mohd Yaseen S/o Mohd Yousaf

Age: 31 years

Gender: Male

Address: Kither

Area of specialization:

5) Name: Mohd Ayoub S/o Mohd Ayoub

Age: 32 years

Gender: Male

Address: Bakerwal Keri

Area of specialization:

6) Name : Ab Karim S/o Noor Mohd

Age:

Gender: Male

Address : Kanow

Area of specialization:

7) Name: Gh Qadir S/o Binya Amin

Age: 30 years

Gender: Male

Address: Baloot

Area of specialization

## Annexure 2

### List of Vaid, hakims and traditional health care (human and livestock) practitioners residing and or using biological resources occurring within the jurisdiction of the village

1) Name: Shoket Ahmed

Age: 45

Gender: Male

Address: Kither

Area of Specialization: Forest Guard

Location from which the person accesses biological material: - kither

Perception of the practitioner on the resource status:

Medicinal use:-

2) Name: Mohd Ashraf (Pharmacist)

Age: 42

Gender: Male

Address: PHC Kither

Area of Specialization: Pharmacist

Location from which the person accesses biological material:

Perception of the practitioner on the resource status:

Medicinal use:

3 ) Name:

Age:

Gender:

Address:

Area of Specialization:

Location from which the person accesses biological material:

Perception of the practitioner on the resource status:

Medicinal use:

### Annexure 3

#### List of individuals perceived by the villagers to possess Traditional Knowledge (TK) related to biodiversity in agriculture, fisheries, and forestry

1) Name:- Noor Mohd

Age: 45

Gender:

Address: Mashok

Area of specialization: Traditional

2) Name:

Age:

Gender:

Address:

Area of specialization:

4) Name:

Age:

Gender:

Address:

Area of specialization:

5) Name:

Age:

Gender:

Address:

Area of specialization:

**Annexure4**

**Details of schools, colleges, departments, universities, government institutions, non-governmental organization and individuals involved in the preparation of the PBR**

1) **Contact Person** : 9797635243

**Name andAddress:** Farooq Ahmed Mir . R/o Kither

2) **Contact Person** :

**Name andAddress:**

3) **Contact Person** :

**Name andAddress:**

4) **Contact Person** :

**Name andAddress:**

**You may add names of more institutions / NGO / Individuals, etc. if necessary**

**Annexure5****Details of access to biological resources and traditional knowledge granted, details of the collection fee imposed and details of the benefits derived and the mode of their sharing**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>S No</b>	<b>Name and address of the Person /institution/ company/ others</b>	<b>Local and Scientific Name of the biological material Accessed and quantity</b>	<b>Date and resolution of the BMC and endorsement by the panchayat</b>	<b>Details of collection fee imposed</b>	<b>Anticipated mode of sharing benefits or quantum of benefits shared</b>

*End of Part I*

**Part II**

**PBR – Formats**

**AGROBIODIVERSITY**

**Format 1: Crop Plants**

1	2	3	4	5	6	7		8	9	10	11	12	13	14
Crop	Scientific Name	Local Name	Variety	Landscape / Habitat	Approx. area shown	Local Status		Special features	Cropping season	Uses	Associated TK	Other details	Source of Seeds/Plants	Community/ Knowledge Holder
						Past	Present							
Rice	<i>Oryza sativa</i>	Dhan / tamul	Veliyan	Lowland valleys		Plenty	Rare	Tall variety High yield Resistant to drought,pests& diseases	Aug-Sept	Food Fodder Fuel	Provides more energy	Not-known	Local preserved	Locals
Wheat	<i>Triticum</i>	Gundam	Local	Lowland valleys		Plenty	Plenty	-do-	May-June	Food Fodder	Provides more energy	Not-known	Local preserved / Agriculture Deptt.	Locals
Barley	<i>Hordeum vulgare</i>	Jow	Local	Lowland valleys		Plenty	Rare	-do-	May-June	Food Fodder	Provides more energy	Not-known	Local preserved	Locals
Maize	<i>Zea mays</i>	Maki	Local	Lowland valleys		Plenty	Plenty	-do-	Sept-Oct	Food Fodder	Provides more energy	Not-known	Local preserved	Locals
Oat	<i>Avena sativa</i>	Lawn	Local	Lowland valleys		Rare	Plenty	-do-	May-June	Fodder	Provides more energy	Not-known	Local preserved / Agriculture Deptt.	Locals
Beans	<i>Phaseolus vulgaris</i>	Rajmash	Local	Lowland valleys		Plenty	Plenty	Resistant to drought, pests&diseases	Sept-Oct	Food Fodder	Provides more energy	Not-known	Local preserved	Locals

**Format 2: Fruit Plants**

1	2	3	4	5	6		7	8	9	10	11	12
Plant	Scientific Name	Local Name	Variety	Landscape / Habitat	Local Status		Source of Seeds/Plants	Season of Fruiting (Repining)	Associated TK	Uses	Other details market/ own use	Community / Knowledge holder
					Past	Present						
Apple	<i>Malus domestica</i>	Saib	Red delicious, Golden delicious, Ambri	Lowland valley / home gardens	Plenty	Plenty	Local preserved / Horticulture Deptt./ Pvt. Nursery	Aug-Sept	Reducing cholesterol, lowering blood sugar level	Nutritious value	Market / own use	Locals
Apricot	<i>Prunus armeniaca</i>	Khubani	Safeda, Qadri	-do-	Plenty	Rare	Local preserved / grafting	June-July	Cures heart diseases	Nutritious value	Market / own use	Locals
Walnut	<i>Juglans regia</i>	Akhroot	Local	Lowland valley / Agricultural land	Plenty	Plenty	Local preserved / Horticulture Deptt.	Aug-Sept	Reduces prostrate cancer and diabetes	Nutritious value	Market / own use	Locals
Pear	<i>Pyrus</i>	Tang	Babugosha, Moti Daddi, Half red Naak, Misri Tang	-do-	Plenty	Plenty	Local preserved / grafting	Aug-Sept	Uses for mild digestion problems, diarrhea, severe cholera	Nutritious value	Market / own use	Locals



Peach	<i>Prunus armwniaca</i>	Aadu	Local, Shan-e-Punjab, Amba	-do-	Plenty	Rare	Local preserved	Aug-Sept	Provides more energy	Nutritious value	Market / own use	Locals
Pomegranate	<i>Punica granatum</i>	Anardana	Local wild / Ganesh, Kandhari	-do-	Plenty	Rare	Local preserved	Sept-Oct	Provides more energy	Nutritious value	Market / own use	Locals
Grapes	<i>Vitis vinifera</i>	Angoor	Local / Hybrid	-do-	Rare	Rare	Local preserved	Aug-Sept	Provides more energy	Nutritious value	Market / own use	Locals
Cucumber	<i>Curmis sativus</i>	Khira	Local / Hybrid	Agriculture land	Plenty	Plenty	Local preserved / Seed shops	Aug-Sept	Provides more energy	Nutritious value	Market / own use	Locals
Plum	<i>Prunus domestica</i>	Alu Bukhara	Santa Rosa / Local	Agriculture land	Rare	Rare	Local preserved / Seed shops	Aug-Sept	Provides more energy	Nutritious value	Market / own use	Locals
Quince	<i>Cydonia oblonga</i>	Beehi	Local	Agriculture land	Plenty	Plenty	Local preserved / Seed shops	Aug-Sept	Provides more energy	Nutritious value	Market / own use	Locals

### Format 3: Fodder Crops /Species

1	2	3	4	5		6	7	8	9	10
Plant	Scientific Name	Local Name	Landscape / Habitat	Local Status		Source of Plants / Seeds	Associated TK	Part Used	Other details	Community / Knowledge holder
				Past	Present					
Oak	<i>Quercus ilex</i>	Heru	Lowland / Forest	Plenty	Plenty	Natural propagation	Green leaves as fodder which provides more energy to livestock	Green Leaves	Also used as fuel wood & soil binder	Locals
Robenia	<i>Roninia pseudoacacia</i>	Kikar	Lowland / Forest	Rare	Rare	Natural propagation / Artificial regeneration	-do-	Green Leaves	Also a good soil binder plant	Locals
Ban oak	<i>Aescules indica</i>	Gug	Lowland / Forest	Rare	Rare	Natural propagation / Artificial regeneration	-do-	Green Leaves	Also used as fuel wood	Locals
Ailanthus	<i>Ailanthus altissima</i>	Fak kul	Lowland / Forest	Plenty	Plenty	Natural propagation	-do-	Green Leaves	Also used as fuel wood	Locals
Willow	<i>Salix alba</i>	Ier kul	Lowland / Forest	Plenty	Plenty	Natural propagation / Artificial regeneration	-do-	Green Leaves	Also used as fuel wood	Locals
Fig	<i>Ficus palmate</i>	Figura	Lowland / Forest	Plenty	Rare	Natural propagation	Provides fodder and more energy to livestock	Green / dry Leaves	Fruit edible & also used as fuel wood	Locals
Rice	<i>Oryza sativa</i>	Dhan / tamul	Lowland valleys	Plenty	Rare	Local preserved	Provides fodder and more energy to livestock	Whole plant	Also provides food grains	Locals
Wheat	<i>Triticum</i>	Gundam	Lowland valleys	Plenty	Plenty	Local preserved / Agriculture Deptt.	Provides fodder and more energy to livestock	Whole plant	Also provides food grains	Locals
Barley	<i>Hordeum vulgare</i>	Jow	Lowland valleys	Plenty	Rare	Local preserved	Green & dry plant used as fodder for the livestock	Whole plant	Also provides food grains	Locals



**Format 4: Weeds**

1	2	3	4	5	6	7		8	9	10	11	12
Plant	Scientific Name	Local Name	Affected crop	Impact	Landscape / Habitat	Local Status		Uses if any	Management options	Associated TK	Other details like exotic	Community / Knowledge holder
						Past	Present					
Grass	<i>Parthenium hysterophorus</i>	Congress grass	Every crop even to human	Less growth of affected crop and causes severe itching in humans	Forest / Lowland	Plenty	Plenty	-	Pesticide spraying / plucking out	Causes severe skin problems	Not reported	Locals
Grass	<i>Cynodon dactylon</i>	Drub grass	Every crop	Less growth of affected crop	Forest / Lowland	Plenty	Plenty	Fodder grass	Pesticide spraying / plucking out	Religious purpose	Not reported	Locals
Grass	<i>Murshilea quadrifoliata</i>	Grass	Rice	-do-	Lowland	Plenty	Plenty	-	Pesticide spraying / plucking out	Weed	Not reported	Locals
Grass	<i>Echinochota crus galli</i>	Grass	Rice	-do-	Lowland	Plenty	Plenty	-	Pesticide spraying / plucking out	Weed	Not reported	Locals
Grass	<i>Anagallis arvensis</i>	Grass	Maize	-do-	Lowland	Plenty	Plenty	-	Pesticide spraying / plucking out	Weed	Not reported	Locals
Grass	<i>Lolium temulentum</i>	Rye grass	Wheat	-do-	Lowland	Plenty	Plenty	-	Manual plucking out	Weed adversely affect crop quality	Not reported	Locals
Plant	<i>Malva sylvestris</i>	Sotsal	Vegetables	-do-	Lowland	Plenty	Plenty	-	Manual plucking out	Medicinal use	Not reported	Locals

Plant	<i>Cannabis sativa</i>	Bhang	Every crop	-do-	Forest /Lowland	Plenty	Plenty	-	Manual plucking out	Religious purpose	Making Charas (intoxicating drug)	Locals
Plant	<i>Cardius nutans</i>	Kond posh	Every crop	-do-	Forest /Lowland	Plenty	Plenty	-	Manual plucking out	Weed	Not reported	Locals
Plant	<i>Utrica dioica</i>	Soi	Every crop	-do-	Forest /Lowland	Plenty	Plenty	-	Pesticide spraying / plucking out	Weed	Not reported	Locals
Plant	<i>Mateicaria</i>	Chamomilla	Every crop	-do-	Forest /Lowland	Plenty	Plenty	-	Pesticide spraying / plucking out	Weed	Not reported	Locals

### Format 5: Pests of Crops

1	2	3	4	5	6	7	8	9	10
Host	Insect / Animal	Scientific name	Local name	Habitat	Time / season of attack	Management mechanism	Associated TK	Other details	Community knowledge holder
Deodar tree	Insect	<i>Ectropis deodarae</i>	Deodar defoliator	On host	July to Oct	Insecticide application	Not reported	Leaf defoliator	-
Kail tree	Insect	<i>Lophodermium macchi</i>	Fungal pathogen	On host and fallen needles	July to Oct	Insecticide application	Not reported	Leaf defoliator	-
Fir tree	Insect	<i>Fusarium pallidiriseum</i>	Pathogen	On host and fallen needles	July to Oct	Insecticide application	Not reported	Leaf defoliator	-
Rice	Insect	<i>Order isopteran</i>	Not known	Farm fields	-	Insecticide application	Root feeder	Not known	-
Rice	Insect	<i>Noctuidae pyralidae</i>	Not known	Farm fields	-	Insecticide application	Stem borer	Not known	-
Rice	Insect	<i>Order hemiptera</i>	Not known	Farm fields	-	Insecticide application	Leaf hoppers	Not known	-
Maize	Insect	<i>Helicoverpa</i>	Corn earworm, true wire worm	Farm fields	-	Insecticide application	Leaf damager	Not known	-
Maize	Animal	<i>Rattus norvegicus</i>	Rat	Farm fields	After flowering	Chemical pesticide	Roots and fruit damager	Not known	-
Wheat	Insect	<i>Odontoter misobesus</i>	Termites	Farm fields	Ripening period	Insecticide application	Damages the food grain	Not known	-



**Format 7: Peoplescape**

1	2	3	4	5	6	7	8	9	10	11
<b>Community &amp; Population</b>	<b>Families &amp; Major occupation</b>	<b>Sub- occupation</b>	<b>Depending Landscape</b>	<b>Major resources accessed and seasons of access</b>	<b>Landscape management practices</b>	<b>Resource management practices</b>	<b>Cast/tribe</b>	<b>Social condition</b>	<b>Nature of inhabitants</b>	<b>No. of HHs</b>
General and Scheduled cast	Agriculture	Collection of NTFP, Cattle rearing, Artisans & Govt. Servants	Forest (Hilly terrain) / Agriculture landscape	Agriculture for the purpose of food grains and fodder	Terrace farming	Traditional resource management practices	General / SC	Socially privileged	Most of them do own jobs, economically less privileged	510



**Format-8 : Landscape.**

1			2	3	4	5	6	7	8	9	10	11	12
Major Landscapes			Sub-Landscapes	Features and approx. area	Ownership	General flora	General fauna	User groups	Management practices	General uses	Associated TK	Other details	Community accessed
Agricultural land	Pond	Fallow land											
Cultivated	nil	nil	Mountance	Rockey/ sandy land	Property/ shamlat	Deodar	Leopard	Local Inhabitants	Self management	cultivation	Indigenous knowledge of local communities	---	---
						Kail	Black bear						
						Fir	Monkey						
						Spruce	Jackal						
						Champ	Wild goat						
						Annar	Fox						
						Akhroot	Wild cat						
						Dhoop	Rat						
						Nagchhatri	Lizard						
						Appricot	Snake						
						Heru	Pigeon						
						Mohru	House Sparrow						
						Kiker	Sparrow						
						Mushkapoor	Crow						
						Muchakballa	Spider						
						Guchhies	Butterfly						
						Kour	Bee						
Kuth	Owl												
Bankhoor	Mosquito												
Kumlaie	Partridge												
Phrast	Bulbul												

Provide a brief description of landscapes such as forests, plantations, cultivated land, estuary, pond, lake or other elements.

**Format-9 : Waterscape.**

1	2	3	4	5	6	7	8	9	10	11	12	13
<b>Waterscape Element type</b>	<b>Sub-type</b>	<b>Features and Approx</b>	<b>Ownership</b>	<b>General Flora</b>	<b>General Fauna</b>	<b>Major Sues</b>	<b>User Group</b>	<b>Management Practices</b>	<b>General uses</b>	<b>Associated TK</b>	<b>Other Detail</b>	<b>Community Accessed</b>
Nallah	Kither	Tributary of river Chenab	Govt	Mostly ferns, bryophytes and pteridophytes	Amphibians and insets	Irrigation and drinking	Local population		Irrigation			

**Format 10: Soil type**

1	2	3	4	5	6	7	8
Soil Type	Color & Texture	Features	Soil management	Plants / crop suitable	Flora and fauna	Associated TK	Other information
Clay soil and sandy loamy soil, Mountainous.	Grayish, brown, small grained mixture	Does not retain water frequent irrigation	Recharged with leaf manure, animal waste compost	Conifer plants, broad leaved plants, Fruit plants, NTFP species, Wheat, barley, maize, rice and some seasonal vegetables.	Domesticated /wild plants and animals	Provides good quality of timber, fuelwood, NTFP, food and fodder	-

**Format 11: Fruit Trees**

**DOMESTICATED BIODIVERSITY**

1	2	3	4	6	7		8	9	10	11	12	13
Plant Type	Local Name	Scientific Name	Variety	Landscape/ Habitat	Local Status		Source of plant/seeds	Season of Fruiting (Repining)	Uses (usage)	Associated TK	Other details market/own use	Community/ Know. holder
					Past	Present						
Apple	Saib	<i>Malus domestica</i>	Red delicious, Golden delicious, Ambri	Lowland valley / home gardens	Rare	Plenty	Local preserved / Horticulture Deptt.	Aug-Sept	Nutritious value	Reducing cholesterol, lowering blood sugar level	Market / own use	Locals
Apricot	Khubani	<i>Prunus armeniaca</i>	Safeda, Qadri	-do-	Plenty	Rare	Local preserved / grafting	June-July	Nutritious value	Cures heart diseases	Market / own use	Locals
Walnut	Akhroot	<i>Juglans regia</i>	Local	Lowland valley / Agricultural land	Plenty	Plenty	Local preserved / Horticulture Deptt.	Aug-Sept	Nutritious value	Reduces prostrate cancer and diabetes	Market / own use	Locals
Pear	Tang	<i>Pyrus</i>	Babugosha, Moti Daddi, Half red Naak, Misri Tang	-do-	Plenty	Plenty	Local preserved / grafting	Aug-Sept	Nutritious value	Uses for mild digestion problems, diarrhea, severe cholera	Market / own use	Locals
Peach	Aaadu	<i>Prunus armwniaca</i>	Local, Shan-e- Punjab, Amba	-do-	Plenty	Plenty	Local preserved	Aug-Sept	Nutritious value	Provides more energy	Market / own use	Locals

Pomegranate	Anardana	<i>Punica granatum</i>	Local	-do-	Plenty	Plenty	Local preserved	Sept-Oct	Nutritious value	Provides more energy	Market / own use	Locals
Grapes	Angoor	<i>Vitis vinifera</i>	Local / Hybrid	-do-	Plenty	Plenty	Local preserved	Aug-Sept	Nutritious value	Provides more energy	Market / own use	Locals
Cucumber	Khira	<i>Curmis sativus</i>	Local / Hybrid	-do-	Plenty	Plenty	Local preserved / Seed shops	Aug-Sept	Nutritious value	Provides more energy	Market / own use	Locals
Plum	Ore	<i>Prunus domestica</i>	Local / Hybrid	-do-	Plenty	Plenty	Local preserved / Seed shops	Aug-Sept	Nutritious value	Provides more energy	Market / own use	Locals
Quince	Beehi	<i>Cydonia oblonga</i>	Local	-do-	Plenty	Plenty	Local preserved / Seed shops	Aug-Sept	Nutritious value	Provides more energy	Market / own use	Locals

**Format-12 : Medicinal Plants (Herbs, Shrubs, Trees etc.).**

1	2	3	4	5	6	7		8	9	10	11	12
Plant Type	Local Name	Scientific Name	Variety	Landscape/ Habitat	Source of plant/ seeds	Location status		Uses (usage)	Part used	Associated Tk	Other details market/ own use	Community Know Holders
						Past	Present					
Shurb	Ban Kakkri	<i>Podophyllum hexandrum</i>	MFP	Forest	Natural	Plenty	Endangered	Useful to the skin for removal of warts, including plantar warts & sexually transmitted warts.	Fruit			
Shurb	Rhubarb (Churko)	<i>Rheum spiciforme</i>	MFP	Forest	Natural	Plenty	Rare	Harvested from the wild for local use as a food & medicine	Flower/ stem			
Herb	Kuth	<i>Saussurea costus</i>	MFP	Forest	Natural	Plenty	Rare	The root & oil from the root are used to make medicine. treating for asthma, cough, gas, worm (nematode).	Root/ Rhizome			
Herb	Murg jawain, Bajarbhang	<i>Hyoscyamus niger</i>	MFP	Forest	Natural	Plenty	Rare	Useful for ailments of the bones, Rh, toothache, asthma, cough, nervous disease & stomach pain.	Seeds			
Herb	Guggal/Dhoop	<i>Jurinea dolomiaca</i>	MFP	Forest	Natural	Plenty	Rare	useful for the treatment of fevers. The root extract is used as an incense, skin eruption, gout & Rh,	Roots			
Herb	Rohan-hak/Pran/ Gogcheegma	<i>Allium carolinianum</i>	MFP	Forest	Natural	Plenty	Rare	Contain sulphur compounds (which give them their onion flavour) help to reduce blood cholesterol levels, acts as a tonic to the digestive system	Bulbs, Leaves, Flowers			

Herb	Gaozabaan (Ratanjot)	<i>Amebia benthami</i>	MFP	Forest	Natural	Plenty	Rare	Used for imparting pleasing red colour to fodstuff,oils & fats. The flowering shoots are used in prepration of Shrubet(syrup) & jam useful in various disease of tongue,throat,fever & cardiac disorders	Roots, Rhizomes
Shurb	Dhatra	<i>Dhatura metel</i>	MFP	Forest	Natural	Plenty	Rare	Used to treat hydrophobia,epilepsy,convulsion, syphilis, inflammation of the breasts,smallpox,mumps &leprosy,also used as a pesticide.	Seeds
	Gokhru	<i>Tribulus terrestris</i>	MFP	Forest	Natural	Plenty	Rare	Traditionally,people have used this plant for a variety of potential effects,I ncluding to enhance libido,keep the urinary tract healthy & reduce swelling.	Leaves & Flowers
Shurb	Seski (murin)	<i>Artemisia brevifolia</i>	MFP	Forest	Natural	Plenty	Rare	Used as a digestive & carminative & hence mixed with meat dishes, known to be an anthelmintic,aphrodisiac,antiseptic,laxative,blood purifier & antidote to scorpion stings.	Leaves
Herb	Zakhm-e-hayaat	<i>Bergenia ciliata</i>	MFP	Forest	Natural	Plenty	Rare	Useful for the treatment of uterine contraction,ulcers,fever & kidney stone,also treat throat infection,diabetes.	Leaves & Roots
	Surajan-e-talakh	<i>Colchicum luteum</i>	MFP	Forest	Natural	Plenty	Rare	Used as a carminative ,laxative & are effective in the treatment of gout,Rh,& disease of liver & spleen.	Corms

Herb	Salam-panja	<i>Dactylorhiza hatagirea</i>	MFP	Forest	Natural	Plenty	Rare	Widely used to cure various disease like dysentery, diarrhoea, chronic fever, cough, stomachache, wounds, cuts, burns, fractures & general weakness.	Roots, Rhizomes
Climber	Shingli-mingli	<i>Dioscorea deltoidea</i>	MFP	Forest	Natural	Plenty	Rare	Rhizomes used for the treatment of different diseases such as digestive disorders, sore of throat for struma, diarrhoea, wounds, burns & anemia.	Roots
Shurb	Kalveuth	<i>Prunella vulgaris</i>	MFP	Forest	Natural	Plenty	Rare	Useful to treat infections & other illnesses, inflammation, protect against cancer, prevent diabetes complications.	Leaves & Flowers
	Ravend-Chini (Pambchalan)	<i>Rheum australe</i>	MFP	Forest	Natural	Plenty	Sporadic	Used as laxative & also used in various herbal preparations.	Roots, Rhizomes
Herb	Handh	<i>Traraxacum officinale</i>	MFP	Forest	Natural	Plenty	Rare	Has a special effect on the organs involved in digestion, its coffee helps with liver damage & liver weakness as well as bile weakness, stimulate pancreas & kidney function.	Leaves
Herb	Mushakbala	<i>Valeriana hardwickii</i>	MFP	Forest	Natural	Plenty	Rare	Useful in epilepsy, hysteria, hypochondriasis, nervous unrest & skin diseases.	Roots
Shurb	Kasrore	<i>Diplazium esculentum</i>	MFP	Forest	Natural	Plenty	Rare	Used as vegetable, dried rhizomes are used as an insecticide, decoction of this plant is used in the treatment of cough & sometimes as a tonic.	Leaves



	Shivlingi	<i>Diplocyclos palmatus</i>	MFP	Forest	Natural	Plenty	Rare	Useful for treatment of Aphrodisiac & tonic , constipation, stomach problem, diarrhoea, malaria fever etc.	Ariel plants parts
Herb	Patrees	<i>Aconitum heterophyllum</i>	MFP	Forest	Natural	Plenty	Threatened	Useful to treat bronchitis, persistent cough, upper respiratory tract infections, common cold, flu & malaria, treat fever, cough , vomiting & diarrhea.	Roots
	Pushkarmula	<i>Inula racemosa</i>	MFP	Forest	Natural	Plenty	Rare	Treat chronic bronchitis & Rh, dried hizomes & roots are used to cure loss of appetite & stomach troubles.	Roots, Rhizomes
	Tilpushpi (Foxglove)	<i>Digitalis purpurea</i>	MFP	Forest	Natural	Plenty	Rare	Useful to treat congestive heart failure & heart rhythm problems	Roots
Shrub	Gur-Krandel	<i>Ferula jaeschkeana</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of asthma, whooping cough, flatulent colic, pneumonia, bronchitis	Leaves, Flowers
Herb	Resha-Khatmi	<i>Lavatera cashmeriana</i>	MFP	Forest	Natural	Plenty	Rare	A known medicinal herb used in many unani medicinal preprations, cure throat problem, mild laxative,	Leaves, Roots & Flowers
Herb	Kour, Kutki, Kadu, Kadvi	<i>Picrorhiza kurroa</i>	MFP	Forest	Natural	Plenty	Rare	Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy & asthma.	Roots
	Chuka Ladur	<i>Polygonum alpinum</i>	MFP	Forest	Natural	Plenty	Rare	Used for edible, an acid flavour, the juice from the plant has been sweetened & used as a refreshing drink.	Leaf stems
	Pitsuaak (Birjung, Pitsouli, Phagermula)	<i>Arctium lappa</i>	MFP	Forest	Natural	Plenty	Rare	Used therapeutically as a depurative, diuretic & digestive stimulant & for dermatologic conditions.	Roots
Herb	Marchi	<i>Thymus linearis</i>	MFP	Forest	Natural	Plenty	Rare	Useful for the treatment of abdominal pain & vomiting	Flowers

Shurb	Kala Zeera	<i>Bunium persicum</i>	MFP	Forest	Natural	Plenty	Rare	Useful in treatment of gastro intestinal illnesses,including diarrhea & inflammatory bowel disease.	Seeds
Herb	Rumkath, Budarkath (Gidar Tambakoo)	<i>Verbascum thapsus</i>	MFP	Forest	Natural	Plenty	Rare	Useful to treat pulmonary problems ,inflammatory diseases,asthma,diarrhoea & migraine headaches.	Leaves
	Kuhushbondhri (Gas plant)	<i>Dictamnus albus</i>	MFP	Forest	Natural	Plenty	Rare	The plant is used both internally & externally in the treatment of skin diseases ( especially scabies & eczema), arthritic pain & jaundice.	Leaves, Bark & Root
Tree	Khareu	<i>Ilex dipyrena</i>	MFP	Forest	Natural	Plenty	Rare	Moderate sized evergreen tree with light gray smooth bark. Close grained with a preety silver grain, the wood is used for fuel.	Flower, Leaf & Fruit
Herb	Kasnil Hand	<i>Cichorium intybus</i>	MFP	Forest	Natural	Plenty	Rare	Useful in treatment of liver disorders,diabetes,jaundice,gout, Rh	Flowers
Herb	Pambechalan/chukri	<i>Rheum emodi</i>	MFP	Forest	Natural	Plenty	Rare	Used in various traditional systems as laxative,tonic,fever,cough,indigestion & menstrual disorders.	Roots
Tree	Zum	<i>Prunus cormuta</i>	MFP	Forest	Natural	Plenty	Rare	Helpful in the treatment of cancer.	Timber
Herb	Neelkanth	<i>Ajuga bracteosa</i>	MFP	Forest	Natural	Plenty	Rare	Useful in the treatment of agues,the juice of the root is used in the treatment of diarrhoea & dysentery,leaves are used in treatment of fevers as a substitute for quinine	Roots
Herb	Bergeur,Gandana	<i>Achillea millifolium</i>	MFP	Forest	Natural	Plenty	Rare	used in folk medicines to treat inflammation,pain & gastrointestinal disorders.	Aerial plant parts

Herb	Choru/Chohori	<i>Angelica glauca</i> Edgw	MFP	Forest	Natural	Plenty	Rare	Used in Dyspepsia,constipations,ulcer of plate,Dysentery, Roots are used as a drug wound and gastric pains	Roots
Herb	Cow Parsnip	<i>Heracleum</i> <i>candicans Wallich</i> <i>ex Benth</i>	MFP	Forest	Natural	Plenty	Rare	The roots are a very good source of xanthotoxin ,which is used in the prepration of suntan lotions & to some extent for the treatment of leucoderma.	Roots
Climber	Agranth	<i>Hedera nepaiensis</i> <i>K. Koch</i>	MFP	Forest	Natural	Plenty	Rare	Used for cure of benign wart, anti-inflammatory & anti-arthritis properties.	Leaves
Shrub	Bakru	<i>Lonicera</i> <i>quingelocularis</i> <i>Hardew</i>	MFP	Forest	Natural	Plenty	Rare	Used for turnery & carving,also used for walking sticks.	Stem.,Braches
Shrub	Chalander	<i>Viburnum</i> <i>grandiflorum</i> <i>Wallich ex DC</i>	MFP	Forest	Natural	Plenty	Rare	Used as laxative & blood purifier,also used to reduce muscular cramps.	Fruit
Herb		<i>Galium aparine L</i>	MFP	Forest	Natural	Plenty	Rare	used as diuretic,used to treat swollen lymph glands, tonsillitis and throat infections.	Leaves,Stem
Herb	Mushkbala	<i>Valeriana</i> <i>jatamansi Jones</i>	MFP	Forest	Natural	Plenty	Rare	useful for epilepsy,hysteria,skin diseases & nervous unrest.	Dried roots & Rhizomes
Tree	Fir	<i>Abies pindrow</i> <i>Spach</i>	CONIFER	Forest	Natural	Plenty	Rare	used for treating fever,wheezing cough & cold.	Seeds,Timber
Tree	Deodar	<i>Cedrus deodara</i> <i>(Roxb) G. Don</i>	CONIFER	Forest	Natural	Plenty	Rare	used in neurological disorders,asthma,fever,arthritis & headache.	Seeds ,Timber oil
Tree	Spruce	<i>Picea smithiana</i> <i>(Wall.) Boiss</i>	CONIFER	Forest	Natural	Plenty	Rare	used in pulp industry to make paper,also used for construction shingles,crates & household purposes.	Seeds,Timber
Tree	Kail	<i>Pinus wallichiana</i> <i>Jackson</i>	CONIFER	Forest	Natural	Plenty	Rare	usful in treating burning of the body,cough,fainting & ulcers.	Timber

Herb	Geutheer	<i>Adiantum capillus-veneris L</i>	MFP	Forest	Natural	Plenty	Rare	used for antibacterial, anti-implantation, antihyperglycemic.	Leaves
Herb	Sapp Guggal	<i>Arisaema flavum (Forsskal) Schott</i>	MFP	Forest	Natural	Plenty	Rare	used in the treatment of chronic tracheitis, bronchiectasis, tetanus and epilepsy	Leaves, Tubers
Herb	Deela	<i>Cyperus rotundus L</i>	MFP	Forest	Natural	Plenty	Rare	Malaria, diarrhea, diabetes	Rhizomes, Roots
Herb	Drub	<i>Cynodon dactylon (L) Pers</i>	MFP	Forest	Natural	Plenty	Rare	used as a laxative, coolant, expectorant, & as a brain & heart tonic used for all types of bleedings & skin troubles.	Whole plant
Herb	Palain	<i>Dichanthium annulatum Stapf</i>	MFP	Forest	Natural	Plenty	Rare	commonly used as a fodder grass.	Whole plant
Herb	Kai	<i>Saccharum spontaneum L</i>	MFP	Forest	Natural	Plenty	Rare	useful in treatment of dyspepsia, burning sensation, piles, sexual weakness, gynecological troubles, respiratory troubles.	Flowers, Grass
Shrub	Vethur	<i>Juniperus communis Linn</i>	MFP	Forest	Natural	Plenty	Rare	used as anti-diarrhoeal, anti-inflammatory, astringent & antiseptic & also used for the treatment of various abdominal disorders.	Stem
Tree	Postul/Brahmi	<i>Taxus baccata L</i>	B/L	Forest	Natural	Plenty	Rare	useful for treating common cold, cough, fever & pain.	Leaves, Bark
Herb	Gul-e-sanobar	<i>Geranium wallichianum D. Don. Ex Sweet</i>	MFP	Forest	Natural	Plenty	Rare	used as a cure for toothache and has been applied externally to the eyes.	Roots, Bark
Herb	Chuku	<i>Oxalis corniculata L</i>	MFP	Forest	Natural	Plenty	Rare	used in the treatment of influenza, fever, urinary tract infections & poisonous snake bites.	Whole plant

Herb	Hillu	<i>Impatiens glandulifera</i> Royle	MFP	Forest	Natural	Plenty	Rare	It is one of the Bach flower remedies, flower extracts used as herbal remedies for physical & emotional problems.	Flower
Shrub	Sanglidhoop	<i>Skimmia anquetilia</i> N.P Taylor & Airy Shaw	MFP	Forest	Natural	Plenty	Rare	used for treatment of swellings, rheumatism & therapy. Powder of its bark is used for the healing of burns & wounds.	Leaves
Shrub	Beri	<i>Zizyphus oxyphylla</i> Edgw	MFP	Forest	Natural	Plenty	Rare	used to treat diabetes, fever, dysentery, as well as blood & skin diseases	Fruit
Tree	Horse chest nut, Goug	<i>Aesulus hippocastanum</i> L	B/L	Forest	Natural	Plenty	Rare	used for treatment of dysentery, bronchitis, hemorrhoids.	Leaves
Tree	Kanjai	<i>Acer caesium</i> Wallich ex Brandis	B/L	Forest	Natural	Plenty	Rare	used for treatment of muscular swelling, boils & pimples	Leaves
Herb	Ban Tambaku	<i>Verbascum thapsus</i> L	MFP	Forest	Natural	Plenty	Rare	Inflammatory diseases, asthma, cough, diarrhoea	Leaves
Herb	Neelkanth	<i>Ajuga bracteosa</i> Wall ex Benth	MFP	Forest	Natural	Plenty	Rare	Treats agues, diarrhoea & dysentery	Leaf
Herb	Jungli Pudina	<i>Mentha arvensis</i> L	MFP	Forest	Natural	Plenty	Rare	As a food, stomach problem & allergy	Leaves
Herb	Vena	<i>Mentha longifolia</i> (L) Hudson	MFP	Forest	Natural	Plenty	Endangered	Respiratory ailments, treat wounds	Leaves
Herb	Kal viuth	<i>Prunella vulgaris</i> L	MFP	Forest	Natural	Plenty	Rare	Protect against cancer, herpes	Leaves
Shrub	Sheshak	<i>Rabdosia rugosa</i> (Wall ex Benth) Hara	MFP	Forest	Natural	Plenty	Rare	Remedy of helminthiosis, in live stocks	Leaves
Herb	Kashmir sage	<i>Salvia hians</i> Royle ex Benth	MFP	Forest	Natural	Plenty	Rare	Heal eye infections	Aerial Parts
Herb	Gaddo	<i>Salvia moorcroftiana</i> Wall	MFP	Forest	Natural	Plenty	Rare	Gas, gastritis, heart burn	Roots
Shrub	Kanhaji	<i>Sorbaria tomentosa</i> Rehder	MFP	Forest	Natural	Plenty	Rare	Ornamental, stimulate, respiration	Whole Plant

Herb	DhadKopdi	<i>Bergenia stracheyi</i> (H.F.T) Engl	MFP	Forest	Natural	Plenty	Rare	kidney & gall bladder stone	Roots
Herb	Dand jari	<i>Rhodiola himalensis</i> (D.Don) S.H. Fu	MFP	Forest	Natural	Plenty	Rare	Help the body to resist physical, chemical & environmental stress	Bark
Herb	Kuuppad jari	<i>Sedum ewersii</i> Ledeb	MFP	Forest	Natural	Plenty	Rare	Herbal remedy for diptheria, ring worm, treats pimples, acne etc.	Whole plant
Shrub	Anar	<i>Punica granatum L</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of cancer,osteo-arthritic	Whole plant
Herb	Wallichos willow	<i>Epilobium latifolium L</i>	MFP	Forest	Natural	Plenty	Common Vulnerable	Analgesic,anti-dote	Whole plant
Tree	Ringkul	<i>Crataegus songarica G. Koch</i>	B/L	Forest	Natural	Plenty	Rare	Pulmonary disesses	Whole plant
Herb	Wild Strawberry	<i>Fragaria nubicola Lindl ex Lacaleta</i>	MFP	Forest	Natural	Plenty	Rare	As food, treats profuse mensuration	Fruit
Tree	Haadi	<i>Prunus armeniaca L</i>	B/L	Forest	Natural	Plenty	Rare	Antisposmodic, chronic bronchitis	Whole plant
Herb	Patrishi	<i>Aconitum heterophyllum Wallich ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	Treats reproductive disorders	Not Available
Herb	Tatnu	<i>Caltha palustris L</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of fits & anemia	Leaves,Stem
Herb		<i>Ipomaea purpurea Roth</i>	MFP	Forest	Natural	Plenty	Rare	Mental disorders,constipations	Seeds
Herb		<i>Cuscuta europaea L</i>	MFP	Forest	Natural	Plenty	Rare	Herbal medicine,tonic for liver & kidney	Seeds,vegetable
Herb		<i>Cuscuta reflexa Roxb</i>	MFP	Forest	Natural	Plenty	Rare	Treat difficulty in urinating,jaundice	Stem,Seeds
Herb	Jala-Kafal	<i>Atropa acuminata Royle</i>	MFP	Forest	Natural	Plenty	Rare	used to make plasters ,in asthma	Whole plant
Herb	Brand	<i>Phytolacca acinosa Roxb</i>	MFP	Forest	Natural	Plenty	Rare	urinary disorders, abdominal tensions	Leaves,Roots

Herb		<i>Rheum australe D. Don</i>	MFP	Forest	Natural	Plenty	Rare	Gastritis,blood purification	Rhizomes,Roots
Herb		<i>Rheum moorcroftianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	improve memory,renal function disorder	Rhizomes,Roots
Herb	Mulain	<i>Inula royleana DC</i>	MFP	Forest	Natural	Plenty	Rare	reduce blood pressure,perestatic movement in intenstines	Aerial Parts
Herb		<i>Jurinea dolomiaea Boiss</i>	MFP	Forest	Natural	Plenty	Rare	loss of appetite, cold bronchitis	Root
Herb		<i>Lactuca lessertiana (DC) C.B Clarke</i>	MFP	Forest	Natural	Plenty	Rare	curative properties	Not available
Herb		<i>Leontopodium himalayanum DC</i>	MFP	Forest	Natural	Plenty	Rare	used in herbal and protect over skin	Aerial Parts
Herb		<i>Saussurea heteromalla (D. Don) Hand Mazz</i>	MFP	Forest	Natural	Plenty	Rare	horse bite, oil, leucoderma & wounds	Leaf, root
Herb		<i>Saussurea lappa Clarke</i>	MFP	Forest	Natural	Plenty	Rare	anti ulcer, anti cancer	Root
Herb		<i>Senecio amplexicaulis Wall</i>	MFP	Forest	Natural	Plenty	Rare	antifungal and phytotoxic	Whole Plant
Herb	Jarjam	<i>Senecio chrysanthemoides DC</i>	MFP	Forest	Natural	Plenty	Rare	used in eye infections	Whole Plant
Herb		<i>Senecio gradliflorus DC</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of irregular menses, ease child birth	Root
Herb		<i>Senecio nudicaulis Ham</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of fever and skin diseases	Leaves
Herb		<i>Solidago virga aurea L</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of best pain, insomnia	Flowers,Leaves
Herb		<i>Sonchus arvensis Linn</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of asthma,chest diseases	Stems,Leaves
Herb		<i>Sonchus asper Vill</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of skin ailments,anti-bacterial	Leaves,Stem,Tops
Herb		<i>Sonchus oleraceus L</i>	MFP	Forest	Natural	Plenty	Rare	used for blood purifier,anti-malarial	Stem & Leaves

Herb		<i>Tanacetum gracile</i> Hook. F. & T	MFP	Forest	Natural	Plenty	Rare	used in treatment of intestinal worms,prevent miscarriage	Dried Aerial Parts
Herb	Handh	<i>Taraxacum officinate</i> Weber	MFP	Forest	Natural	Plenty	Endangered	increase urine production,,decrease pain	Fruits,Leaves
Shrub		<i>Lyonia ovalifolia</i> (Wallich) Drude	MFP	Forest	Natural	Plenty	Rare	treat skin disease,external parasite	Leaves& Buds
Shrub		<i>Rhododendron campanulatum</i> D. Don	MFP	Forest	Natural	Plenty	Rare	treat chronic rheumatism,headache	Leaves
Shrub		<i>Elaeagnus parvifolia</i> Wallich ex Royle	MFP	Forest	Natural	Plenty	Rare	anti-inflammatory anti-oxidant	Flowers,Seed
Climber		<i>Viscum album</i> L	MFP	Forest	Natural	Plenty	Rare	treatment of cardiac weakness,arrhythmia	Leaves,Stem,Pe a sized Berries
Herb		<i>Euphorbia cognata</i> (Klotzsch & Garcke) Boiss	MFP	Forest	Natural	Plenty	Rare	Breathing disorder,asthma	Seed Stem
Herb		<i>Euphorbia rothiana</i> Spreng	MFP	Forest	Natural	Plenty	Rare	Rheumatism,warts,cough,asthma	Stem Bark
Herb		<i>Euphorbia helioscopia</i> L	MFP	Forest	Natural	Plenty	Rare	used in pharmaceutical industry.	Leaves, Stem,Root
Herb		<i>Euphorbia wallichii</i> Hook F	MFP	Forest	Natural	Plenty	Rare	used against constipation	Leaf,root
Shrub		<i>Sarcococca saligna</i> (D.Don) Meull Arg	MFP	Forest	Natural	Plenty	Rare	laxative ,blood purifier & muscular analgesic	Leaf,Bark,Root
Herb		<i>Girardinia heterophylla</i> Decne	MFP	Forest	Natural	Plenty	Rare	used as soap/shampoo for washing,cattle fodder	Whole Plant
Herb		<i>Urtica dioica</i> Linn	MFP	Forest	Natural	Plenty	Rare	urinary tract infections	Root
Tree	Brimij	<i>Celtis australis</i> Willd	B/L	Forest	Natural	Plenty	Rare	treatment of amenorrhoea,heavy menstrual bleeding & colic	Leaves,Root
Tree		<i>Ulmus wallchiana</i> Planch	B/L	Forest	Natural	Plenty	Rare	used to heal body mind & skin	Leaves



Herb		<i>Cannabis sativa L</i>	MFP	Forest	Natural	Plenty	Rare	used for recreational or medicinal purposes	Whole Plant
Herb		<i>Violacanescons Wallich</i>	MFP	Forest	Natural	Plenty	Rare	used for cough ,cold,flu,fever & malaria	Leaf,Flower
Herb		<i>Viola indica W Becker</i>	MFP	Forest	Natural	Plenty	Rare	Respraitory tract congestion asthma ,sore throat	Flowers
Herb		<i>Viola kunawarensis Royle</i>	MFP	Forest	Natural	Plenty	Rare	chronic bronchitic,asthma	Flowers
Herb		<i>Dianthus jacquemontii Edgew</i>	MFP	Forest	Natural	Plenty	Rare	used to stimulates urinary system,digestive system & bowels	Flowers
Herb		<i>Gypsophilla cerastioides D Don</i>	MFP	Forest	Natural	Plenty	Rare	used for production of photographic films	Not Available
Herb		<i>Lychinus indica Benth</i>	MFP	Forest	Natural	Plenty	Rare	Source of soaps ,ornamentals purposes	Roots,Flowers
Herb		<i>Silene edgeworthii Bocquet</i>	MFP	Forest	Natural	Plenty	Rare	Anti-cancer,anti-fungal & anti-viral	Leaves
Herb		<i>Stellaria media L</i>	MFP	Forest	Natural	Plenty	Rare	cough ,cold constipation,burns	Whole plant
Herb		<i>Hypericum elodeoides Choisy</i>	MFP	Forest	Natural	Plenty	Rare	treatment in mild to moderate depression	Aerial Parts
Shrub		<i>Hypericum oblongifolium Choisy</i>	MFP	Forest	Natural	Plenty	Rare	Hepatitis,gastric ulcers	Aerial Parts
Herb		<i>Hypericum perforatum L</i>	MFP	Forest	Natural	Plenty	Rare	Moderate depression ,anxiety & sleep disorders	Aerial Parts
Herb	Suchal	<i>Malva neglecta Wallr</i>	MFP	Forest	Natural	Plenty	Rare	Astringent,demulcent,diuretic	Leaves,Floers, Root
Herb		<i>Geranium polyanthes Edgew &amp; H.F</i>	MFP	Forest	Natural	Plenty	Rare	Tumor,cosmetic,laxative & hair colour	Flower
Herb	Gugchuk, Ringrash	<i>Geranium pretense L</i>	MFP	Forest	Natural	Plenty	Rare	cholera,diarrhoea	Root
Shrub	Tung	<i>Cotinus coggygnia Scop</i>	MFP	Forest	Natural	Plenty	Rare	Coagulant,fever reducer	Leaves,Bark

Shrub		<i>Rhus succedanea L</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of phthisis	Fruits
Herb		<i>Astragalus grahamianus Royle ex Benth</i>	MFP	Forest	Natural	Plenty	Rare	Urinary disease, respiratory, skin problems	Roots
Shrub		<i>Astragalus himalayana Klotsch</i>	MFP	Forest	Natural	Plenty	Rare	Kidney disease, diabetes	Gum
Shrub	Shemar	<i>Desmodium elegans DC</i>	MFP	Forest	Natural	Plenty	Rare	used for chronic hepatitis, treatment of bilious complaints	Whole Plant
Shrub		<i>Indigofera heterantha Wallich ex Brandis</i>	MFP	Forest	Natural	Plenty	Rare	branches are used as basket making it is also used as fuel	Floers , Branches
Shrub		<i>Indigofera tinctoria L</i>	MFP	Forest	Natural	Plenty	Rare	used to treat nervous disorders, asthma, liver disease	Flowering & Fruiting Branches
Herb		<i>Trifalium fragiferum L</i>	MFP	Forest	Natural	Plenty	Rare	used as green manure & flowers are used to make jelly	Flowers, Leaves
Herb		<i>Triflum repens L</i>	MFP	Forest	Natural	Plenty	Rare	a lincture of the leaves are applied as an ointment to Govt.	Flowers, Leaves
Herb		<i>Trigonella emodi Benth</i>	MFP	Forest	Natural	Plenty	Rare	Reduce fever	Stem , Leaves
Herb		<i>Vicia sativa Linn</i>	MFP	Forest	Natural	Plenty	Rare	seeds are used to form bread, cakes, biscuits	Seed
Herb		<i>Vicia sepium Linn</i>	MFP	Forest	Natural	Plenty	Rare	used as nitrogen fixation used for hay or silage particularly arable silage.	Rhizomes, Leaves
Tree		<i>Ficus palmata Forsk</i>	B/L	Forest	Natural	Plenty	Rare	used for treatment of lungs & bladder diseases	Fruit
Tree		<i>Monus serrate Roxb</i>	B/L	Forest	Natural	Plenty	Rare	juice of the root is used as an anthelmintic. wood is used for making furniture	Root , Wood

Tree	Akhroot	<i>Juglans regia Linn</i>	B/L	Forest	Natural	Plenty	Rare	leaves are used in treatment of chronic coughs,asthma & purify blood and treat diabetes	Leaves,Fruit,
Tree		<i>Alnus nepalensis D. Don</i>	B/L	Forest	Natural	Plenty	Rare	Used for making charcoal,reducing swelling of leg,juice is applied on burns	Wood,Leaves,Roots
Tree	Champ	<i>Alnus nitida (Spach) Endl.</i>	B/L	Forest	Natural	Plenty	Rare	Bark is used to treat swelling & body pain	Bark
Tree	Bhoj patra	<i>Betula utilis D Don</i>	B/L	Forest	Natural	Plenty	Rare	Bark is used for writing lengthy scriptures & texts,also used for packaging	Bark
Tree		<i>Corylus jacquemontii Decne</i>	B/L	Forest	Natural	Plenty	Rare	seeds are used as oil	Seeds
Tree		<i>Quercus baloot Griffith</i>	B/L	Forest	Natural	Plenty	Rare	seeds are used in manufacturing of insecticides	seeds
Tree		<i>Populus alba L</i>	B/L	Forest	Natural	Plenty	Rare	used in the treatment of arthritis,gout,lower back problem and reduce fever	Stem,Bark
Tree		<i>Populus oliata Wallich ex Royle</i>	B/L	Forest	Natural	Plenty	Rare	used as fuel wood,also used as timber & making furniture	Whole Plant
Shrub	Willow	<i>Salix alba Boiss</i>	MFP	Forest	Natural	Plenty	Rare	stems are used in basket making.	Stem
Shrub	Kareel- kaimbal	<i>Berberis aristata DC</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of jaundice,urinary disorders	Root,Stem,Leaves
Shrub		<i>Berberis jaeschkeana C.K Schneider</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of tumor	Rhizomes,Fruit
Shrub	Kaimal/Daruhaldi	<i>Berberis lycium Royle Trans Linn</i>	MFP	Forest	Natural	Plenty	Rare	used an immunity booster	Roots ,Stem,Bark

Herb		<i>Podophyllum hexandrum Royle</i>	MFP	Forest	Natural	Plenty	Rare	used to treat gynecology infections	Rhizomes	Local zamindars have got ample knowledge with respect to identification of the species as well their common usage	Bonafide purpose	Inhabitants of the area.
Herb		<i>Meconopsis aculeata Royle</i>	MFP	Forest	Natural	Plenty	Rare	used to help heal broken bones, treat inflammation from fractures	Whole Plant			
Herb		<i>Meconopsis latifolia Prain</i>	MFP	Forest	Natural	Plenty	Rare	used against ulcers, disorders of lungs.	Flowers			
Herb		<i>Corydalis cachemiriana Royle</i>	MFP	Forest	Natural	Plenty	Rare	used for mild depression	Flowers, Stems, Leaves			
Herb	Bhutyata	<i>Corydalis govaniiana Wallich</i>	MFP	Forest	Natural	Plenty	Rare	its drug is used in the form of decoction	Whole Plant			
Herb		<i>Corydalis thyrsoiflora Prain</i>	MFP	Forest	Natural	Plenty	Rare	used to treat stomach problem	Leaves, Flowers			
Herb		<i>Fumaria indica Pugsley</i>	MFP	Forest	Natural	Plenty	Rare	used as a common weed, isolation & polyherbal	Whole Plant			
Herb		<i>Capsella bursa pastoris (L) Moench</i>	MFP	Forest	Natural	Plenty	Rare	used as a folk remedy for cancer, nose bleeding	Seeds, Leaves			
Herb		<i>Erysimum melicetae Dunn</i>	MFP	Forest	Natural	Plenty	Rare	used in medicine, food item	Seeds			
Herb		<i>Iris hookeriana M. Foster</i>	MFP	Forest	Natural	Plenty	Rare	used in aromatherapy, rhizomes given to babies to help in teething	Rhizomes			
Herb		<i>Iris kashmiriana Baker</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of joint pains	Rhizomes			
Herb		<i>Iris kemaonensis D. Don ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	flowers are used in herbal medicines	Flowers			

Herb		<i>Narcissus tazetta L.</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of boils & mastitis	Root
Herb		<i>Dioscorea deltoidea Wal ex Kunth</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of digestive disorders ,wound & burns	Rhizomes
Herb	Chingposh	<i>Colchicum luteum Baker</i>	MFP	Forest	Natural	Plenty	Rare	used as carminative & aphrodisiac,treatment of gout	Corm,Seeds
Herb		<i>Fritillaria roylei Hook</i>	MFP	Forest	Natural	Plenty	Rare	used for healing wounds	Roots
Herb		<i>Gagea elegans Wall</i>	MFP	Forest	Natural	Plenty	Rare	Used in the form of infusions or decoctions.	Leaves
Herb		<i>Notholirion thomsonianum (Royle) Stapf</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of Various infectious Diseases espically intestinal.	Flower,Leaves
Herb		<i>Polygonatum multiflorum (Linn.) All</i>	MFP	Forest	Natural	Plenty	Rare	used in wound healing being anti-bacterial	Roots
Herb		<i>Polygonatum verticillatum All</i>	MFP	Forest	Natural	Plenty	Rare	used to cure cardioponic,aphrodisiac	Tender leaves,Young shoots
Herb		<i>Trillium govonianum Wall</i>	MFP	Forest	Natural	Plenty	Rare	used in dysentery, wound healing,menstral &sexual disorders.	Rhiozomes,Roots
Herb		<i>Tulipa stellata Hook f</i>	MFP	Forest	Natural	Plenty	Rare	Used for sinus Pain ,Hay Fever& Headache.	Whole Plant
Herb		<i>Arisaema jacquemontii Blume</i>	MFP	Forest	Natural	Plenty	Rare	used for the treatment of dermatological disorders,used for phenols	Root
Herbs		<i>Valeriana pyrolaefolia decne</i>	MFP	Forest	Natural	Plenty	Rare	Used orally for anxiety& Psychological stress.	Root
Herbs		<i>Dipsacus inermis Wall</i>	MFP	Forest	Natural	Plenty	Rare	used in ayurvedic system of medicine	Fresh & Dried Leaves

Herbs	Kim	<i>Morina Longifolia Wallich ex DC</i>	MFP	Forest	Natural	Plenty	Rare	Stem, leaves & flowers used as digestive, emetic & stomachic	Whole Plant
Herbs		<i>Achillea millefolium L</i>	MFP	Forest	Natural	Plenty	Rare	above ground parts used in cold, tonic & astringent	Aerial Parts
Herbs		<i>Ainsliaea aptera DC.</i>	MFP	Forest	Natural	Plenty	Rare	roots used to relieve stomachache, acute fever & constipation	Roots
Herbs		<i>Anaphalis nubigena Clarke</i>	MFP	Forest	Natural	Plenty	Rare	used as aromatic & antimicrobial	Aerial Parts
Herbs		<i>Artemesia scoparia Waldst. &amp; Kit</i>	MFP	Forest	Natural	Plenty	Rare	flowers, stem seeds used as antiseptic, diuretic & antipyretic	Flowers, Stem , Seeds
Herbs		<i>Artemesia gmelini Bess</i>	MFP	Forest	Natural	Plenty	Rare	plants rich source of essential oil	Leaf ,Stem
Herbs	Mooin	<i>Artemisia Maritima L.</i>	MFP	Forest	Natural	Plenty	Rare	antiseptic, diuretic & antipyretic	Leraves ,Flowering
Herbs		<i>Aster indamellus Grierson</i>	MFP	Forest	Natural	Plenty	Rare	as food & medicine	Leaf, Flower, Root
Herbs		<i>Cirsium arvense (L) Scop</i>	MFP	Forest	Natural	Plenty	Rare	remedy for toothache & treatment of indigestion	Root
Herbs		<i>Cirsium falconeri (Hook.f.) Petrak</i>	MFP	Forest	Natural	Plenty	Rare	whole plant & roots used for treating oedema	Whole Plant
Herbs		<i>Dubyaea hispida DC.</i>	MFP	Forest	Natural	Plenty	Rare	used to remove excess pitta dosh, treat fever.	Rhizomes
Herbs		<i>Echinops cornigerus DC</i>	MFP	Forest	Natural	Plenty	Rare	root are aphrodisiac, whole plant antipyretic & analgesic	Root
Herbs		<i>Erigeron canadensis L.</i>	MFP	Forest	Natural	Plenty	Rare	whole plant diuretic, hemostatic & antidiarrheal	Whole Plant
Herbs		<i>Filago germanica Linn</i>	MFP	Forest	Natural	Plenty	Rare	has chemical, biological & toxicological properties	Fruit
Herbs		<i>Galinsoga parviflora Cav</i>	MFP	Forest	Natural	Plenty	Rare	used for treatment of nettle sting & similar skin inflammation	Leaves
Herbs		<i>Gnaphalium luteo album Linn</i>	MFP	Forest	Natural	Plenty	Rare	antibacterial, antifungal, antioxidant	Leaves

Shrub	Shutenger	<i>Rhododendron anthopogon D. Don</i>	MFP	Forest	Natural	Plenty	Rare	treatment of constipation, didysentry, fever	Leaves
Herbs		<i>Anagallis arvensis Linn</i>	MFP	Forest	Natural	Plenty	Rare	whole plant used as expectorant, dropsy,diuractic,purgative	Whole Plant
Herbs		<i>Androsace rotundifolia Hardw.</i>	MFP	Forest	Natural	Plenty	Rare	dried plant used against bronchitis, asthma,cough	Dried Plant
Herbs		<i>Primula rosea Royle</i>	MFP	Forest	Natural	Plenty	Rare	asthma & digestive problems	Flower,Leaves
Tree		<i>Fraxinus excelsior L.</i>	B/L	Forest	Natural	Plenty	Rare	bark & leaf used against fever, gout, arthritis	Bark,Leaf
Herbs		<i>Jasminium grandiflorum L.</i>	MFP	Forest	Natural	Plenty	Rare	used for treating wounds, skin disease, ulcers,headache	Not Available
Herbs		<i>Jasminium humile L</i>	MFP	Forest	Natural	Plenty	Rare	root juice used against ringworm, flowers used to cure intestinal problems	Root,Flower
Tree	Kahu	<i>Olea cuspidata Wallich ex G. Don</i>	B/L	Forest	Natural	Plenty	Rare	bark used for fracture, leave use for treatment of malaria, UTI	Bark,Leaves
Shrub		<i>Buddleja paniculata Wall</i>	MFP	Forest	Natural	Plenty	Rare	used for treatment of skin disease, malaria	Leaves
Herbs		<i>Gentiana carinata Griseb</i>	MFP	Forest	Natural	Plenty	Rare	used against diarrhea, loss of appetite, heart burn	Root
Herbs		<i>Gentiana Kuroo Royle</i>	MFP	Forest	Natural	Plenty	Rare	rhizome is antihelminthic, diaphoretic,digestive tonic	Rhizomes
Herbs	Kazuban	<i>Arnebia benthamii (Wall. Ex G.Don) Johnston</i>	MFP	Forest	Natural	Plenty	Rare	used as red clour to food, oil & fats, plantalso used as diuretic, expectorant, tonic	Flowering, Shoots & Roots
Herbs		<i>(Royle) Kazmi</i>	MFP	Forest	Natural	Plenty	Rare	use to manage disorders like hapatotoxicity	Not Available
Grass	Congress grass /Jadi	<i>Parthenium hysterophorus</i>	MFP	Forest	Natural	Plenty	Rare	Commercial enzymes production,biopesticides,green manure & composte	Weed

Tree	Trikanni	<i>Acer pictum</i>	B/L	Forest	Natural	Plenty	Rare	Use as food ,medicine,ornamental & source of wood	Whole plant
Tree	Bren	<i>Ulmus villosa</i>	B/L	Forest	Natural	Plenty	Rare	Medicinal ,aeromatic,anti-inflammatory,furniture	Bark,Leaves
Tree	Bankhoor	<i>Aesculus indica</i>	B/L	Forest	Natural	Plenty	Rare	Treatment of skin disease, Rh, astringent, narcotic,relief of headache	Leaves,Flowers
Herb	Hamesh-Bahar	<i>Calendula officinalis</i>	MFP	Forest	Natural	Plenty	Rare	Applied on Skin disease,Burns	Flower,leaf
Tree	Feku	<i>Ficus Palmata</i>	B/L	Forest	Natural	Plenty	Rare	Skin diseases,contipation	Fruit
Herb	Banafsha	<i>Viola odorata</i>	MFP	Forest	Natural	Plenty	Rare	Throat problem,Cold,cough	Flower
Herb	Nirbisha	<i>Delphinium drunonianum</i>	MFP	Forest	Natural	Plenty	Rare	Diabetes	Whole Plant
Shrub	Tutfoor,Rachi	<i>Ephedra gegendina</i>	MFP	Forest	Natural	Plenty	Rare	Asthma,Cardic Stimulate,Allergy,Respiratory Disorder	Twigs
Herb	Tengu,Tyangu	<i>Hyssopus officinalis</i>	MFP	Forest	Natural	Plenty	Rare	Substitute for saffron,Liver & Blood Disorder	Flower
Fungi		<i>Morchella conica</i>	MFP	Forest	Natural	Plenty	Rare	Indigestion,phlegm,shortness of breath	Whole part
Fungi		<i>Morchilla esculenta</i>	MFP	Forest	Natural	Plenty	Rare	Edible,laxative,Body tonic,stomach problem,economical beneficial	Whole part
Fungi		<i>Aricus campestris</i>	MFP	Forest	Natural	Plenty	Rare	treatment of cancer, Type-2 diabetes,high-cholesterol,digestive problem	Whole part
Fungi		<i>Agaricusmacrocarpus</i>	MFP	Forest	Natural	Plenty	Rare	Intoxicating drink,edible	Whole part
Fungi		<i>Cantharellus cibarius</i>	MFP	Forest	Natural	Plenty	Rare	Anti-microbial,cytotoxicity,Anti-oxidant,wound healing	Whole part



Fungi		<i>Coprinus atramentarius</i>	MFP	Forest	Natural	Plenty	Rare	Balancing blood sugar level,diabetes properties	Whole part
Fungi		<i>Caprinus comatus</i>	MFP	Forest	Natural	Plenty	Rare	Mimics insulin	Whole part
Fungi		<i>Schizophyllum commune</i>	MFP	Forest	Natural	Plenty	Rare	Anti-cancer activity,edible	Whole part
Fungi	Datura	<i>Geatrum triplex</i>	MFP	Forest	Natural	Plenty	Rare	Analgesic,anti-inflammatory,treatment of stomach	Whole part
Fungi		<i>Fomes fomentarius</i>	MFP	Forest	Natural	Plenty	Rare	Laxative,Treatment of cancer	Whole part
Fungi		<i>Fomitopsis pinicola</i>	MFP	Forest	Natural	Plenty	Rare	Anti-tumor,anti-bacterial,anti-viral	Whole part
Fungi		<i>Ganoderma applanatum</i>	MFP	Forest	Natural	Plenty	Rare	Cancer treatment,diabetics	Whole part
Fungi		<i>Ganoderma lucidum</i>	MFP	Forest	Natural	Plenty	Rare	anti-inflammation,Analgesic,Anti-bacterial	Whole part
Fungi		<i>Trametes versicolor</i>	MFP	Forest	Natural	Plenty	Rare	Enhance the health of immune system	Whole part
Fungi		<i>Sparassis crispa</i>	MFP	Forest	Natural	Plenty	Rare	Anti-tumor,Anti-inflammatory,Anti-allergic	Whole part
Fungi		<i>Pleurotus spp.</i>	MFP	Forest	Natural	Plenty	Rare	Anti- Tuber,anti- genotoxic,Anti-oxidant	Whole part
Herb		<i>Amaranthus viridis</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of fever, pain, asthma	Whole part
Herb		<i>Allium cepa</i>	MFP	Forest	Natural	Plenty	Rare	Antiinflammatory, antiseptic	Bulb, Leaves
Herb		<i>Allium humile kunth</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of cholera, dysentery, cough	Bulbs
Herb		<i>Allium sativum</i>	MFP	Forest	Natural	Plenty	Rare	Fever, diabetics, swellings	Bulbs
Herb		<i>Allium semenovii</i>	MFP	Forest	Natural	Plenty	Rare	Reduce blood calastrol level	Bulbs

Herb		<i>Bupleurum bupjucundum</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Bupleurum longifolium</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Coriandrum sativum</i>	MFP	Forest	Natural	Plenty	Rare	Measals, hemorrhoids, toothache & joint pain	Leaves, Seeds
Herb		<i>Oenanthe javanica</i>	MFP	Forest	Natural	Plenty	Rare	Joundice, abdomnal pain	Whole part
Herb		<i>Pleurosermum brunonis</i>	MFP	Forest	Natural	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers
Herb		<i>Pleurosermum stellatum</i>	MFP	Forest	Natural	Plenty	Rare	To make black or red dye, water proof black ink	Flowers
Herb		<i>Aralia cachemirica</i>	MFP	Forest	Natural	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part
Herb		<i>Arisaema propinquum</i>	MFP	Forest	Natural	Plenty	Rare	Uses in snake bite, RH	Rhizomes
Herb		<i>Begonia rubella</i>	MFP	Forest	Natural	Plenty	Rare	Cure arthrites & common join pain	Whole part
Herb		<i>Hackelia uncinata</i>	MFP	Forest	Natural	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers
Herb		<i>Myosotis alpestris</i>	MFP	Forest	Natural	Plenty	Rare	Lotion for wounds nose bleed	Whole part
Herb		<i>Onosma hispidum</i>	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine, wounds	Roots
Herb		<i>Alliaria petiolata</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of bronchitis, asthma, & Rh	Whole part
Herb		<i>Arabis bijuga</i>	MFP	Forest	Natural	Plenty	Rare	Gastro-intestinal problems, dysentery & stomach ache	Whole part
Herb		<i>Hesperis matronalis</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of Scurvy, oil used in perfumery	Leaves, Flowers
Herb		<i>Lepidium virginicum</i>	MFP	Forest	Natural	Plenty	Rare	To treat vitamin-C deficiency, pains & diabetes	Whole part

Herb		<i>Raphanus sativus</i>	MFP	Forest	Natural	Plenty	Rare	To treat constipation, chronic tracheitis & hypertension	Leaves root
Herb		<i>Sisymbrium irio</i>	MFP	Forest	Natural	Plenty	Rare	Edible, Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers
Herb		<i>Thlaspi arvense</i>	MFP	Forest	Natural	Plenty	Rare	Antidote, Blood tonic	Seed, Leaf
Herb		<i>Thlaspi cochleariforme</i>	MFP	Forest	Natural	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers
Shrub		<i>Sarcococca pruniformis</i>	MFP	Forest	Natural	Plenty	Rare	Laxative, blood purifier	Leaves, Root
Herb		<i>Codonopsis clematidea</i>	MFP	Forest	Natural	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers
Herb		<i>Codonopsis ovata</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers
Herb		<i>Cyananthus lobatus</i>	MFP	Forest	Natural	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root
Shrub		<i>Lonicera oblate</i>	MFP	Forest	Natural	Plenty	Rare	Used for digestive disorders, including pain & swelling	Aerial Part
Shrub		<i>Scabiosa speciosa</i>	MFP	Forest	Natural	Plenty	Rare	To treat heel cracks, liver diseases	Leaves
Herb		<i>Arenaria bryophylla Fernald</i>	MFP	Forest	Natural	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part
Herb		<i>Cerastium cerastoides (L.) Britton</i>	MFP	Forest	Natural	Plenty	Rare	Anti bacterial activity	Flowers, stem
Herb		<i>Dianthus angulatus Baumg</i>	MFP	Forest	Natural	Plenty	Rare	Used as a tonic for urinary system, digestive system & bowels	Leaves
Herb		<i>Anaphalis nepalensis (Spreng.) Hand.-Mazz</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers
Herb		<i>Anaphalis triplinervis (Sims) C. B. Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers

Herb		<i>Anaphalis margaritaceae L.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentery, Rh, joints	Flowers
Herb		<i>Artemisia dubia Wall.</i>	MFP	Forest	Natural	Plenty	Rare	Cuts & wounds	Leaves
Herb		<i>Artemisia scoparia Waldst. &amp; Kitam.</i>	MFP	Forest	Natural	Plenty	Rare	Anticeptic, Antipyretic	Leaves
Herb		<i>Artemisia vestita Wall. ex Besser</i>	MFP	Forest	Natural	Plenty	Rare	Inflammatory diseases	Leaves
Herb		<i>Aster diplostephioides (DC.) C. B. Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Aster falconeri (C. B. Clarke) Hutch.</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb		<i>Aster flaccidus Bunge</i>	MFP	Forest	Natural	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root
Herb		<i>Aster molliusculus (Lindl. ex DC.) C.B.Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root
Herb		<i>Cicerbita macrorhiza (Royle) Beauverd</i>	MFP	Forest	Natural	Plenty	Rare	Fever	Whole part
Herb		<i>Gnaphalium stewartii C.B.Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers
Herb	Sunflower	<i>Helianthus annuus L.</i>	MFP	Forest	Natural	Plenty	Rare	High fever, snake bite	Leaf, Seed
Herb	Pushkarmula	<i>Inula grandiflora Willd.</i>	MFP	Forest	Natural	Plenty	Rare	Chronic bronochits & Rh	Rhizomes
Herb	Gomchooi	<i>Ligularia fischeri (Ledeb.) Turcz.</i>	MFP	Forest	Natural	Plenty	Rare	Jaundice,Rh,Hepatic disease	Leaves, Flowers
Herb		<i>Sonchus asper (L.) Hill</i>	MFP	Forest	Natural	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves
Herb		<i>Tanacetum dolichophyllum Kitam.</i>	MFP	Forest	Natural	Plenty	Rare	Fever, migrana, headache, Rh	Flowers

Herb		<i>Tussilago farfara</i> L.	MFP	Forest	Natural	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf
Herb		<i>Waldheimia glabra</i> (Decne.) Regel	MFP	Forest	Natural	Plenty	Rare	Influenza virus & anti complementary extract	Leaves, Flowers
Herb		<i>Waldheimia</i> <i>tomentosa</i> (Decne.) Regel	MFP	Forest	Natural	Plenty	Rare	Stomach ache problem	Leaves, Flowers
Herb		<i>Youngia japonica</i> (L.) DC.	MFP	Forest	Natural	Plenty	Rare	Boils & snake bites	Leaves, Flowers
Herb		<del>Knautia</del> <i>heterodonta</i> (Hook. f. & Thomson)	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes
Herb		<del>Boiss.</del> <i>Rhodiola</i> <i>wallichiana</i> (Hook.) S.H. Fu	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers
Herb		<i>Rosularia alpestris</i> (Kar. & Kir.) Boriss.	MFP	Forest	Natural	Plenty	Rare	Ornamental garden plants, Traditional Medicines	Whole part
Climber		<i>Cucumis sativus</i> L.	MFP	Forest	Natural	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part
Climber		<i>Cucurbita pepo</i> L.	MFP	Forest	Natural	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part
Shrub		<i>Datisca cannabina</i> L.	MFP	Forest	Natural	Plenty	Rare	Treatment of Rh	Root
Herb		<i>Equisetum arvense</i> L.	MFP	Forest	Natural	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part
Shrub		<i>Gaultheria</i> <i>trichophylla</i> Royle	MFP	Forest	Natural	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part
Herb		<i>Euphorbia</i> <i>cornigera</i> Boiss.	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Herb		<i>Euphorbia</i> <i>thomsoniana</i> Boiss.	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Tree		<i>Quercus baloot</i> Griff.	B/L	Forest	Natural	Plenty	Rare	Anti bacterial potential	Whole part

Tree		<i>Quercus semecarpifolia Sm.</i>	B/L	Forest	Natural	Plenty	Rare	Diarrhoea, dysentery	Whole part
Herb		<i>Gentiana cachemirica Decne.</i>	MFP	Forest	Natural	Plenty	Rare	Digestion problem	Leaves, Flowers
Herb		<i>Gentiana ornata (D.Don) Wall. ex Griseb.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentery	Leaves, Flowers
Herb		<i>Gentiana phyllocalyx C.B Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentery	Leaf, sepal
Herb		<i>Gentiana tianschanica Rupr. ex Kusn.</i>	MFP	Forest	Natural	Plenty	Rare	Digestion problem	Whole part
Herb		<i>Gentiana moorcroftiana (Wall. ex Griseb.) Aiy. Shaw</i>	MFP	Forest	Natural	Plenty	Rare	Cold cough, nausea	Leaf
Herb		<i>Jaeschkea oligosperma Knobl.</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Swertia ciliata (D. Don ex G. Don) B.L. Burt</i>	MFP	Forest	Natural	Plenty	Rare	Skin diseases, cancer	Whole part
Herb		<i>Swertia petiolata Royle ex D.Don</i>	MFP	Forest	Natural	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part
Herb		<i>Swertia speciosa G.Don</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, liver disorder	Root
Herb		<i>Erodium cicutarium L. (L.) Her</i>	MFP	Forest	Natural	Plenty	Rare	Typhoid, fever	Whole part
Herb		<i>Geranium lambertii Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Skin problem, reduces stress	Dried leaves
Herb		<i>Geranium himalayense Klotzsch</i>	MFP	Forest	Natural	Plenty	Rare	Garden uses, beds & borders	Whole part
Herb		<i>Geranium nepalense Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Nervous diseases, pains, Rh	Whole part
		<i>Geranium pusillum L.</i>	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part

Herb		<i>Geranium rotundifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium wallichianum D.Don ex Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Peptic ulcers, cure toothache	Whole part
Shrub		<i>Ribes nigrum L.</i>	MFP	Forest	Natural	Plenty	Rare	Useful in allergy, fatigue, rhimities	Whole part
Shrub		<i>Ribes himalense Royle ex Decne.</i>	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine	Fruit
Herb		<i>Hypericum japonicum Thunb.</i>	MFP	Forest	Natural	Plenty	Rare	Asthama & dycenty	Leaves, Flowers
Shrub		<i>Philadelphus tomentosus wall ex G. Don</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Ajuga integrifolia Buch.-Ham.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea, Malaria	Leaf
Herb		<i>Clinopodium vulgare L.</i>	MFP	Forest	Natural	Plenty	Rare	Overcome weak digestion	leaves
Herb		<i>Elsholtzia ciliata (Thunb.) Hyl.</i>	MFP	Forest	Natural	Plenty	Rare	Common cold, fevers, headache	Whole part
Shrub		<i>Isodon rugosus (Wall. ex Benth.) Codd</i>	MFP	Forest	Natural	Plenty	Rare	Tooth ache, gastric pain,	Whole part
Herb		<i>Lamium album L.</i>	MFP	Forest	Natural	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers
Herb		<i>Leonurus cardiaca L.</i>	MFP	Forest	Natural	Plenty	Rare	Gynacological afflictions	Seed
Herb		<i>Mentha arvensis L.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea & Dysentery, stomach problem	Leaves
Herb	Soyabean	<i>Glycine max (L.) Merr.</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of oedema, dysuria	Seed
Herb		<i>Lotus corniculatus L.</i>	MFP	Forest	Natural	Plenty	Rare	Anti-inflammatory, Skin inflammation	Flowers

Shrub		<i>Robinia pseudoacacia L.</i>	MFP	Forest	Natural	Plenty	Rare	Wounds, Pain reliever	Dried leaves
Herb		<i>Trifolium pratense L.</i>	MFP	Forest	Natural	Plenty	Rare	Antispasmodic, Anti-inflammatory	Leaves flower
Herb		<i>Trifolium repens L.</i>	MFP	Forest	Natural	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower
		<i>Vicia rigidula Royle</i>	MFP	Forest	Natural	Plenty	Rare	Weight loss	Leaves flower
Herb		<i>Fritillaria roylei Hook.</i>	MFP	Forest	Natural	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root
Herb		<i>Lilium polyphyllum D.Don</i>	MFP	Forest	Natural	Plenty	Rare	Diuretic, Anti-pyruetic	Bulbs
Herb		<i>Lavatera cachemiriana Cambess.</i>	MFP	Forest	Natural	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower
Tree		<i>Ficus carica L.</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory problems, Anti-inflammatory	Fruit, leaves
Tree		<i>Morus alba L.</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, Bronochits	Bark
Climber		<i>Jasminum humile L.</i>	MFP	Forest	Natural	Plenty	Rare	Heart bowels, Astringent	Roots, Flower
Climber		<i>Jasminum officinale L.</i>	MFP	Forest	Natural	Plenty	Rare	Hepatitis, Diarrhea, Cancer treatment	Flower
Shrub		<i>Syringa emodi Wall. ex. Royle.</i>	MFP	Forest	Natural	Plenty	Rare	Stomach treatment, instential problems	Seed, Fruit
Herb		<i>Epilobium angustifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Anti- septic, ulcers, inflammation	Whole part
Herb		<i>Epilobium latifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Analgesic, Antidote	Whole part
		<i>Epilobium royleanum Hausskn.</i>	MFP	Forest	Natural	Plenty	Rare	Treatment & prostate bladder	Whole part



Herb		<i>Calanthe tricarinata Lindl.</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, Coughing	Leaves flower
Herb		<i>Cypripedium cordigerum D.Don</i>	MFP	Forest	Natural	Plenty	Rare	Fever, Backache	Fruit
Shrub		<i>Arundo donax L.</i>	MFP	Forest	Natural	Plenty	Rare	Basket making, Diuretic, Diaphroetic	Grass
Herb		<i>Bothriochloa ischaemum (L.) Keng</i>	MFP	Forest	Natural	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Bromus catharticus Vahl</i>	MFP	Forest	Natural	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Aquilegia fragrans Benth.</i>	MFP	Forest	Natural	Plenty	Rare	Sedative, Diarrhea, jaundice	Whole part
Herb		<i>Aquilegia nivalis Falc. ex B. D. Jacks.</i>	MFP	Forest	Natural	Plenty	Rare	Cough & Cold	Rhizomes
Herb		<i>Delphinium brunonianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	Local Medicines, Use as oil	Whole part
Herb		<i>Delphinium cashmerianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	Intestinal worms, insomnia	Roots
Herb		<i>Delphinium vestitum Wall. ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	Cuts, Dysentery, Rh, Ulcers	Leaves
Herb		<i>Ranunculus distans Royle</i>	MFP	Forest	Natural	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves
Herb		<i>Ranunculus hirtellus Royle</i>	MFP	Forest	Natural	Plenty	Rare	Curing swelling in testes	Leaves, Flowers
Herb		<i>Thalictrum foliolosum DC.</i>	MFP	Forest	Natural	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots
Herb		<i>Thalictrum virgatum Hook. &amp; Thomson</i>	MFP	Forest	Natural	Plenty	Rare	Fever, dysentery, Bloodshot eyes, sore throat	Root, Rhizomes
Herb		<i>Potentilla cuneata Wall. ex Lehm.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea, menstrual bleeding	Leaves, Flowers

Tree		<i>Populus ciliata</i> <i>Wall. ex Royle</i>	B/L	Forest	Natural	Plenty	Rare	Making boxes for packing purposes, furniture & cross beams	Whole part			
Shrub	White/ Kashmir willow	<i>Salix alba L.</i>	MFP	Forest	Natural	Plenty	Rare	Cold, fever & joint pains	Bark, Stem			
Herb	Sanjeevani	<i>Rhodiola fastigiata</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Whole part			
Herb	Guggi Van	<i>Pleurospermum candollei</i>	MFP	Forest	Natural	Plenty	Rare	Used in folk medicines	Whole part			

**Format 13: Ornamental Plants/ Trees/Climbers etc.**

1	2	3	4	5	6	7	8	9	10
Plant Type	Local Name	Scientific Name	Variety	Source of plant/seeds	Commercial/ non-commercial	Uses	Associated TK	Other details	Community/ Know. holder
Broad leaved	Chinar	<i>Planitus orientalis</i>	Local	Forest / private nurseries	Non-commercial	Ornamental	Provides cool shade and home for many birds	Dried leaves are used as Kangri fuel	Locals
Evergreen tree	Sarv Kull	<i>Cupressus cashmeriana</i>	Local	Private nurseries	Non-commercial	Ornamental	Provides scenery and beauty of area	Unknown	Locals
Shrub	Gainda	<i>Targetes erecta</i>	Local	Preserved seed	Non-commercial	Ornamental	Provides beauty of home garden	Also used for religious purpose	Locals
Shrub	Gulab	<i>Rosa indica</i>	Local	From cuttings	Non-commercial	Ornamental	Provides beauty of home garden	Also used for religious purpose	Locals
Shrub	Dhaliya	<i>Dahlia pinnata</i>	Local	Rhizomes of flower plant	Non-commercial	Ornamental	Provides beauty of home garden	Also used for religious purpose	Locals

**Format-14 : Timber Plants/ Trees.**

1	2	3	4	5		6	7	8	9	10
Plant Type	Local Name	Scientific Name	Habitat	Local status		Wild/ home garden	Other uses (multi)	Associated TK	Other details	Community/ Know holder
				Past	Present					
Trees	Kail	<i>Pinus wallichiana</i>	Forest	Plenty	Rare	Wild	Firewood	Local zamindars have got emple knowledge with respect to identification of the species as well their comon usage		
Trees	Kikar	<i>Acacia nilotica</i>	Forest	Plenty	Rare	Wild	Fuel wood, fodder			
Trees	Deodar	<i>Cedrus deodara</i>	Forest	Plenty	Rare	Wild	Firewood, Cedar oil			
Trees	Akhrot	<i>Juglans regia</i>	Forest	Plenty	Rare	Wild/homegrown	Firewood,medicine			
Trees	Phrast	<i>Populus alba</i>	Forest	Plenty	Rare	Wild	Firewood,Fodder			
Trees	Champ	<i>Alnus nitida</i>	Forest	Plenty	Rare	Wild	Firewood,fodder			
Trees	Fir	<i>Abies pindrow</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Spruce	<i>Picea smithana</i>	Forest	Plenty	Rare	Wild	Firewood/Timber			
Trees	Kharshu	<i>Quercus spp</i>	Forest	Plenty	Rare	Wild	Firwood			
Trees	Bankhor	<i>Aesculus indica</i>	Forest	Plenty	Rare	Wild/homegrown	Firwood/Fodder			
Trees	Braari	<i>Ulmus wallichiana</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Bren	<i>Ulmus villosa</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Brimij	<i>Celtis australis</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Haadi	<i>Prunus armeniaca</i>	Forest	Plenty	Rare	Wild	Firwood/Fodder			
Trees	Heru	<i>Quercus ilex</i>	Forest	Plenty	Rare	Wild/homegrown	Firwood/Fodder			
Trees	Kahu	<i>Olea cospidate</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Postul	<i>Taxus baccata</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Shisham	<i>Dalbergia sisoo</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Trikanni	<i>Acer pictum</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Tung	<i>Cotinus cogygria</i>	Forest	Plenty	Rare	Wild	Firwood/timber			

Trees	Zum	<i>Prunus cormuta</i>	Forest	Plenty	Rare	Wild	Firwood/timber		
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**Format 15: Domesticated Animals**

1	2	3	4	5	6	7		8	9	10	11	12
Animal Type	Local Name	Scientific Name	Breed (local/hybrid)	Features	Method of keeping	Local status		Uses	Associated TK	Commercial rearing	Other details including products and services	Community Know. Holders
						Past	Present					
Sheep	Bhead	<i>Orisaries</i>	Local	Small size rough coat	Flock rearing	Plenty	Rare	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Sheep	Bhead	<i>Orisaries</i>	Rambouillet cross bread	Large size low body weight	Flock rearing	Rare	Plenty	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Goat	Bakri	<i>Capra hircas</i>	Local	Small size low body weight	Flock rearing	Plenty	Rare	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Goat	Bakri	<i>Capra hircas</i>	Kaghani, bakasooli	Large size high body weight	Flock rearing	Rare	Plenty	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Cow	Gaay	<i>Bos taures</i>	Local	Cow have hooves on there feet and can weight upto 400 pounds	Flock rearing	Rare	Plenty	Milk, Cow dung	Milk good for health	Yes	High milk production	Local/Nomads
Buffalo	Bhains	<i>Babulas</i>	Local	Dark slab colour less	Domesticate	Plenty	Rare	Milk, Dung	Milk good for health	Yes	High milk production	Local/Nomads
Ox	Bael	<i>Bos spp.</i>	Local	For plugging	Domesticate	Plenty	Rare	For plugging	Use for plugging	Yes	Use for plugging	Local/Nomads



**Format 16: Culture Fisheries**

1	2	3	4	5	6	7		8	9	10	11	12
Fish Type	Local Name	Scientific Name	Variety	Features	Waterscape (pond/bheri/talao)	Local status		Uses	Associated TK	Commercial rearing	Other details	Community Know. Holders
						Past	Present					
NA	NA	NA	NA	NA	NA	NA	NA	NA	-	NA	NA	NA





**WILD BIODIVERSITY.**

**Format-18 : Trees, Shrubs, Herbs, Tubers, Grasses, Climbers etc.**

1	2	3	4	5	6		7	8	9	10	11
Plant Type	Local Name	Scientific Name	Habit	Habitat	Local status		Commercial/ own use	Part collected	Associated Tk	Other details	Community Knowledge Holder
					Past	Present					
Shurb	Ban Kakkri		Grow Annually	Forest	Plenty	Endangered	Useful to the skin for removal of warts,including plantar warts & sexually tranmitted warts.	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shurb	Rhubarb (Churko)	<i>Rheum spiciforme</i>	Grow Annually	Forest	Plenty	Rare	Harvested from the wild for local use as a food & medicine	Flower/ stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Kuth	<i>Saussurea costus</i>	Grow Annually	Forest	Plenty	Rare	The root & oil from the root are used to make medicine.treating for asthma, cough,gas,worm(nemotode).	Root/ Rhizome	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Murg jawain,Bajarbhang	<i>Hyoscyamus niger</i>	Grow Annually	Forest	Plenty	Rare	Useful for ailmentsof the bones,Rh,toothache,asthma,cough nervous disease & stomach pain.	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Guggal/Dhoop	<i>Jurinea dolomiaca</i>	Grow Annually	Forest	Plenty	Rare	useful for the treatment of fevers.The root extract is used as an incense,skin eruption,gout & Rh,	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Rohan-hak/Pran/ Gogcheegma	<i>Allium carolinianum</i>	Grow Annually	Forest	Plenty	Rare	Contain sulphur compounds (which give them their onion flavour)help to reduce blood cholesterol levels,acts as a tonic to the digestive system	Bulbs, Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Gaozabaan (Ratanjot)	<i>Amebia benthami</i>	Grow Annually	Forest	Plenty	Rare	Used for imparting pleasing red colour to fodstuff,oils & fats. The flowering shoots are used in prepration of Shrubet(syrup) & jam useful in various disease of tongue,throat,fever & cardiac disorders	Roots, Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shurb	Dhatura	<i>Dhatura metel</i>	Grow Annually	Forest	Plenty	Rare	Used to treat hydrophobia,epilepsy,convulsion,syphilis, inflammation of the breasts,smallpox,mumps & leprosy,also used as a pesticide.	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
	Gokhru	<i>Tribulus terrestris</i>	Grow Annually	Forest	Plenty	Rare	Traditionally,people have used this plant for a variety of potential effects,Including to enhance libido,keep the urinary tract healthy & reduce swelling.	Leaves & Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shurb	Seski (murin)	<i>Artemisia brevifolia</i>	Grow Annually	Forest	Plenty	Rare	Used as a digestive & carminative & hence mixed with meat dishes,known to be an anthelmintic,aphrodisiac,antiseptic,laxative,blood purifier & antidote to scorpion stings.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Zakhm-e-hayaat	<i>Bergenia ciliata</i>	Wild	Forest	Plenty	Rare	Useful for the treatment of uterine contraction,ulcers,fever & kidney stone,also treat throat infection,diabetes.	Leaves & Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
	Surajan-e-talakh	<i>Colchicum luteum</i>	Wild	Forest	Plenty	Rare	Used as a carminative ,laxative & are effective in the treatment of gout,Rh,& disease of liver & spleen.	Corms	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Salam-panja	<i>Dactylorhiza hatagirea</i>	Wild	Forest	Plenty	Rare	Widely used to cure various disease like dysentery,diarrhoea,chronic fever, cough,stomachache,wounds,cuts,burns,fractures & general weakness.	Roots, Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Climber	Shingli-mingli	<i>Dioscorea deltoidea</i>	Wild	Forest	Plenty	Rare	Rhizomes used for the treatment of different diseases such as digestive disorders, sore of throat for struma,diarrhea,wounds,burns & anemia.	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shurb	Kalveuth	<i>Prunella vulgaris</i>	Grow Annually	Forest	Plenty	Rare	Useful to treat infections & other illnesses,inflammation,protect against cancer,prevent diabetes complications.	Leaves & Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
	Ravend-Chini (Pambchalan)	<i>Rheum australe</i>	Grow Annually	Forest	Plenty	Sporadic	Used as laxative & also used in various herbal preparations.	Roots, Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Handh	<i>Traraxacum officinale</i>	Grow Annually	Forest	Plenty	Rare	Has a special effect on the organs involved in digestion,its coffee helps with liver damage & liver weakness as well as bile weakness,stimulate pancreas & kidney function.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Mushakbala	<i>Valeriana hardwickii</i>	Wild	Forest	Plenty	Rare	Useful in epilepsy,hysteria,hypochondriasis,nervous unrest & skin diseases.	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shurb	Kasrore	<i>Diplazium esculentum</i>	Grow Annually	Forest	Plenty	Rare	Used as vegetable,dried rhizomes are used as an insecticide,decoction of this plant is used in the treatment of cough & sometimes as a tonic.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

	Shivlingi	<i>Diplocyclos palmatus</i>	Grow Annually	Forest	Plenty	Rare	Useful for treatment of Aphrodisiac & tonic , constipation, stomach problem, diarrhoea, malaria fever etc.	Ariel plants parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Patrees	<i>Aconitum heterophyllum</i>	Grow Annually	Forest	Plenty	Threatened	Useful to treat bronchitis, persistent cough, upper respiratory tract infections, common cold, flu & malaria, treat fever, cough , vomiting & diarrhea.	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
	Pushkarmula	<i>Inula racemosa</i>	Grow Annually	Forest	Plenty	Rare	Treat chronic bronchitis & Rh, dried hizomes & roots are used to cure loss of appetite & stomach troubles.	Roots, Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
	Tilpushpi (Foxglove)	<i>Digitalis purpurea</i>	Grow Annually	Forest	Plenty	Rare	Useful to treat congestive heart failure & heart rhythm problems	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Gur-Krandel	<i>Ferula jaeschkeana</i>	Wild	Forest	Plenty	Rare	Treatment of asthma, whooping cough, flatulent colic, pneumonia, bronchitis	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Resha-Khatmi	<i>Lavatera cashmeriana</i>	Grow Annually	Forest	Plenty	Rare	A known medicinal herb used in many unani medicinal preparations, cure throat problem, mild laxative,	Leaves, Roots & Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Kour, Kutki, Kadu, Kadvi	<i>Picrorhiza kurroa</i>	Wild	Forest	Plenty	Rare	Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy & asthma.	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

	Chuka Ladur	<i>Polygonum alpinum</i>	Grow Annually	Forest	Plenty	Rare	Used for edible,an acid flavour,the juice from the plant has been sweetened & used asa refreshing drink.	Leaf stems	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
	Pitsuaak (Birjung, Pitsouli, Phagermula)	<i>Arctium lappa</i>	Wild	Forest	Plenty	Rare	Used therapeutically as a depurative,diuretic & digestive stimulant & for dermatologic conditions.	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Marchi	<i>Thymus linearis</i>	Wild	Forest	Plenty	Rare	Useful for the treatment of abdominal pain & vomiting	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shurb	Kala Zeera	<i>Bunium persicum</i>	Grow Annually	Forest	Plenty	Rare	Useful in treatment of gastro intestinal illnesses,including diarrhea & inflammatory bowel disease.	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Rumkath, Budarkath (Gidar Tambakoo)	<i>Verbascum thapsus</i>	Wild	Forest	Plenty	Rare	Useful to treat pulmonary problems ,inflammatory diseases,asthma,diarrhoea & migraine headaches.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
	Kuhushbondhri (Gas plant)	<i>Dictamnus albus</i>	Grow Annually	Forest	Plenty	Rare	The plant is used both internally & externally in the treatment of skin diseases ( especially scabies & eczema), arthritic pain & jaundice.	Leaves, Bark & Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Khareu	<i>Ilex dipyrena</i>	Grow Annually	Forest	Plenty	Rare	Moderate sized evergreen tree with light gray smooth bark. Close grained with a preety silver grain, the wood is used for fuel.	Flower, Leaf & Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Kasnil Hand	<i>Cichorium intybus</i>	Grow Annually	Forest	Plenty	Rare	Useful in treatment of liver disorders,diabetes,jaundice,gout,Rh	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Pambechalan/ chukri	<i>Rheum emodi</i>	Grow Annually	Forest	Plenty	Rare	Used in various traditional systems as laxative,tonic,fever,cough,indigestion & menstrual disorders.	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Zum	<i>Prunus cormuta</i>	Grow Annually	Forest	Plenty	Rare	Helpful in the treatment of cancer.	Timber	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Neelkanth	<i>Ajuga bracteosa</i>	Grow Annually	Forest	Plenty	Rare	Useful in the treatment of agues,the juice of the root is used in the treatment of diarrhoea & dysentery,leaves are used in treatment of fevers as a substitute for quinine	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Bergeur,Gandana	<i>Achillea millifolium</i>	Wild	Forest	Plenty	Rare	used in folk medicines to treat inflammation,pain & gastrointestinal disorders.	Aerial plant parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Choru/Chohori	<i>Angelica glauca edgw</i>	Wild	Forest	Plenty	Rare	Used in Dyspepsia,constipations,ulcer of plate,Dysentery, Roots are used as a drug wound and gastric pains	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Cow Parsnip	<i>Heracleum candicans Wallich ex Benth</i>	Wild	Forest	Plenty	Rare	The roots are a very good source of xanthotoxin ,which is used in the prepration of suntan lotions & to some extent for the treatment of leucoderma.	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Climber	Agranth	<i>Hedera nepaiensis</i> <i>K. Koch</i>	Wild	Forest	Plenty	Rare	Used for cure of benign wart, anti-inflammatory & anti-arthritis properties.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Bakru	<i>Lonicera</i> <i>quincelocularis</i> <i>Hardew</i>	Wild	Forest	Plenty	Rare	Used for turnery & carving,also used for walking sticks.	Stem.,Braches	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Chalander	<i>Viburnum</i> <i>grandiflorum</i> <i>Wallich ex DC</i>	Grow Annually	Forest	Plenty	Rare	Used as laxative & blood purifier,also used to reduce muscular cramps.	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Galium aparine L</i>	Wild	Forest	Plenty	Rare	used as diuretic,used to treat swollen lymph glands, tonsillitis and throat infections.	Leaves,Stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Mushkbala	<i>Valeriana</i> <i>jatamansi Jones</i>	Grow Annually	Forest	Plenty	Rare	useful for epilepsy,hysteria,skin diseases & nervous unrest.	Dried roots & Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Fir	<i>Abies pindrow</i> <i>Spach</i>	Wild	Forest	Plenty	Rare	used for treating fever,wheezing cough & cold.	Seeds,Timber	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Deodar	<i>Cedrus deodara</i> <i>(Roxb) G. Don</i>	Wild	Forest	Plenty	Rare	used in neurological disorders,asthma,fever,arthritis & headache.	Seeds ,Timber oil	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Tree	Spruce	<i>Picea smithiana</i> (Wall.) Boiss	Wild	Forest	Plenty	Rare	used in pulp industry to make paper,also used for construction shingles,crates & household purposes.	Seeds,Timber	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Kail	<i>Pinus wallichiana</i> jackson	Wild	Forest	Plenty	Rare	usful in treating burning of the body,cough,fainting & ulcers.	Timber	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Gentheer	<i>Adiantum capillus-</i> <i>veneris</i> L	Grow Annually	Forest	Plenty	Rare	used for antibacterial,anti-implantation,antihyperglycemic.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Sapp Guggal	<i>Arisaema flavum</i> (Forsskal) Schott	Wild	Forest	Plenty	Rare	used in the treatment of chronic tracheitis, bronchiectasis, tetanus and epilepsy	Leaves,Tubers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Deela	<i>Cyperus rotundus</i> L	Grow Annually	Forest	Plenty	Rare	Malaria,diarrhea,dibaties	Rhizomes,Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Drub	<i>Cynodon dactylon</i> (L) Pers	Wild	Forest	Plenty	Rare	used as a laxatie,coolant,expectorant, & as a brain & hert tonic used for all types of bleedings & skin troubles.	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Palain	<i>Dichanthium</i> <i>annulatum</i> Stapf	Grow Annually	Forest	Plenty	Rare	commonly used as a fodder grass.	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Kai	<i>Saccharum spontaneum L</i>	Grow Annually	Forest	Plenty	Endangered	useful in treatment of dyspepsia, burning sensation, piles, sexual weakness, gynecological troubles, respiratory troubles.	Flowers, Grass	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Vethur	<i>Juniperus communis Linn</i>	Wild	Forest	Plenty	Rare	used as anti-diarrhoeal, anti-inflammatory, astringent & antiseptic & also used for the treatment of various abdominal disorders.	Stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Postul/Brahmi	<i>Taxus baccata L</i>	Grow Annually	Forest	Plenty	Rare	useful for treating common cold, cough, fever & pain.	Leaves, Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Gul-e-sanobar	<i>Geranium wallichianum D. Don. Ex Sweet</i>	Grow Annually	Forest	Plenty	Rare	used as a cure for toothache and has been applied externally to the eyes.	Roots, Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Chuku	<i>Oxalis corniculata L</i>	Wild	Forest	Plenty	Rare	used in the treatment of influenza, fever, urinary tract infections & poisonous snake bites.	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Hillu	<i>Impatiens glandulifera Royle</i>	Grow Annually	Forest	Plenty	Rare	It is one of the Bach flower remedies, flower extracts used as herbal remedies for physical & emotional problems.	Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Sanglidhoop	<i>Skimmia anquetilia N.P Taylor &amp; Airy Shaw</i>	Wild	Forest	Plenty	Rare	used for treatment of swellings, rheumatism & therapy. Powder of its bark is used for the healing of burns & wounds.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub	Beri	<i>Zizyphus oxyphylla</i> <i>Edgw</i>	Grow Annually	Forest	Plenty	Rare	used to treat diabetes,fever,dysentery,as well as blood & skin diseases	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Horse chest nut	<i>Aesulus hippocastanum L</i>	Grow Annually	Forest	Plenty	Rare	used for treatment of dysentry,bronchitis,hemorrhoids.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Kanjil	<i>Acer caesium Wallich ex Brandis</i>	Wild	Forest	Plenty	Rare	used for treatment of muscular swelling,boils & pimples	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Mapple	<i>Acer cappadocicum Gled</i>	Grow Annually	Forest	Plenty	Rare	It is an ornamental tree	Sap,Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Staphyiea emodi Wallich ex Brandis</i>	Grow Annually	Forest	Plenty	Rare	Used for making walking sticks	Wood	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Ban Tambaku	<i>Verbascum thapsus L</i>	Grow Annually	Forest	Plenty	Rare	Inflammatory diseases,asthma,cough,diarrhoea	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Neelkanth	<i>Ajuga bracteosa Wall ex Benth</i>	Grow Annually	Forest	Plenty	Rare	Treats agues, diarrhoea& dysentery	Leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Jungli Pudina	<i>Mentha arvensis L</i>	Wild	Forest	Plenty	Rare	As a food, stomach problem & allergy	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Vena	<i>Mentha longifolia (L) Hudson</i>	Wild	Forest	Plenty	Rare	Respraitory ailments, treat wounds	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Kal viuth	<i>Prunella vulgaris L</i>	Wild	Forest	Plenty	Rare	Protect against cancer, herpes	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Sheshak	<i>Rabdosia rugosa (Wall ex Benth) Hara</i>	Grow Annually	Forest	Plenty	Rare	Remedy of helminthiosis, in live stocks	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Kashmir sage	<i>Salvia hians Royle ex Benth</i>	Wild	Forest	Plenty	Rare	Heal eye infections	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Gaddo	<i>Salvia moorcroftiana Wall</i>	Wild	Forest	Plenty	Rare	Gas, gastritis, heart burn	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Kanhaji	<i>Sorbaria tomentosa Rehder</i>	Grow Annually	Forest	Plenty	Rare	Ornamental, stimulate, respiration	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub	Dhak	<i>Spiraea canescens</i> <i>D. Don</i>	Wild	Forest	Plenty	Rare	Fodderfor goats, making baskets	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	DhadKopdi	<i>Bergenia stracheyi</i> <i>(H.F.T) Engl</i>	Wild	Forest	Plenty	Rare	kidney & gall bladder stone	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Agg jari	<i>Saxifraga jacquemontiana</i> <i>Decne</i>	Grow Annually	Forest	Plenty	Rare	Medicinal pupose & human sustenance.	Roots,Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Dand jari	<i>Rhodiola himalensis</i> <i>(D.Don) S.H. Fu</i>	Wild	Forest	Plenty	Rare	Help the body to resist physical, chemical & environmental stress	Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Kuuppad jari	<i>Sedum ewersii</i> <i>Ledeb</i>	Wild	Forest	Plenty	Rare	Herbal remedy for diptheria, ring worm, treats pimples, acne etc.	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Hatab	<i>Parrotiopsis jacquemontiana</i> <i>(Decne) Rehder</i>	Wild	Forest	Plenty	Rare	used for handles walking sticks	Wood	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Anar	<i>Punica granatum L</i>	Wild	Forest	Plenty	Rare	Treatment of cancer,osteo-arthritis	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Wallichos willow	<i>Epilobium latifolium L</i>	Grow Annually	Forest	Plenty	Rare	Analgesic,anti-dote	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Ringkul	<i>Crataegus songarica G. Koch</i>	Grow Annually	Forest	Plenty	Rare	Pulmonary disesses	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Wild Strawberry	<i>Fragaria nubicola Lindl ex Lacalta</i>	Grow Annually	Forest	Plenty	Rare	As food, treats profuse mensuration	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Haadi	<i>Prunus armeniaca L</i>	Wild	Forest	Plenty	Rare	Antisposmodic, chronic bronchitis	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Patrishi	<i>Aconitum heterophyllum Wallich ex Royle</i>	Wild	Forest	Plenty	Rare	Treats reproductive disorders	Not Available	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Tatnu	<i>Caltha palustris L</i>	Wild	Forest	Plenty	Rare	Treatment of fits & anemia	Leaves,Stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Ipomaea purpurea Roth</i>	Grow Annually	Forest	Plenty	Rare	Mental disorders,constipations	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Cuscuta europaea L</i>	Grow Annually	Forest	Plenty	Rare	Herbal medicine, tonic for liver & kidney	Seeds, vegetable	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cuscuta reflexa Roxb</i>	Wild	Forest	Plenty	Rare	Treat difficulty in urinating, jaundice	Stem, Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Jala-Kafal	<i>Atropa acuminata Royle</i>	Wild	Forest	Plenty	Rare	used to make plasters ,in asthma	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Brand	<i>Phytolacca acinosa Roxb</i>	Wild	Forest	Plenty	Rare	urinary disorders, abdominal tensions	Leaves, Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Rheum australe D. Don</i>	Grow Annually	Forest	Plenty	Rare	Gastritis, blood purification	Rhizomes, Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Rheum moorcroftianum Royle</i>	Grow Annually	Forest	Plenty	Rare	improve memory, renal function disorder	Rhizomes, Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Mulain	<i>Inula royleana DC</i>	Wild	Forest	Plenty	Rare	reduce blood pressure, peristaltic movement in intestines	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Jurinea dolomiaea</i> Boiss	Grow Annually	Forest	Plenty	Rare	loss of apetite, cold bronchitis	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lactuca lessertiana</i> (DC) C.B Clarke	Grow Annually	Forest	Plenty	Rare	curative properties	Not available	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Leontopodium himalayanum</i> DC	Grow Annually	Forest	Plenty	Rare	used in herbal and protect over skin	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Saussurea albescence</i> HK F & T	wild	Forest	Plenty	Rare	ornamental	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Saussurea heteromalla</i> (D. Don) Hand Mazz	wild	Forest	Plenty	Rare	horse bite, oil, leucoderma & wounds	Leaf, root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Saussurea lappa</i> Clarke	Grow Annually	Forest	Plenty	Rare	anti ulcer, anti cancer	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Senecio amplexicaulis</i> Wall	Grow Annually	Forest	Plenty	Rare	antifungal and phytotoxic	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Herb	Jarjam	<i>Senecio chrysanthemoides</i> DC	Grow Annually	Forest	Plenty	Rare	used in eye infections	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Senecio gradiflorus</i> DC	Grow Annually	Forest	Plenty	Rare	used in treatment of irregular menses, ease child birth	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Senecio nudicaulis</i> Ham	Grow Annually	Forest	Plenty	Rare	used in treatment of fever and skin diseases	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Solidago virga aurea</i> L	wild	Forest	Plenty	Rare	used in treatment of best pain, insomnia	Flowers,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Sonchus arvensis</i> Linn	Grow Annually	Forest	Plenty	Rare	used in treatment of asthma,chest diseases	Stems,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Sonchus asper</i> Vill	Grow Annually	Forest	Plenty	Rare	used in treatment of skin ailments,anti-bacterial	Leaves,Stem,Tops	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Sonchus oleraceus</i> L	Grow Annually	Forest	Plenty	Rare	used for blood purifier,anti-malarial	Stem & Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Tanacetum gracile</i> <i>Hook. F. &amp; T</i>	Grow Annually	Forest	Plenty	Rare	used in treatment of intestinal worms,prevent miscarriage	Dried Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Handh	<i>Taraxacum officinate</i> <i>Weber</i>	wild	Forest	Plenty	Rare	increase urine production,,decrease pain	Fruits,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Lyonia ovalifolia</i> <i>(Wallich) Drude</i>	Grow Annually	Forest	Plenty	Rare	treat skin disease,external parasite	Leaves& Buds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Rhododendron campanulatum</i> <i>D. Don</i>	Wild	Forest	Plenty	Rare	treat chronic rheumatism,headache	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Elaeagnus parvifolia</i> <i>Wallich ex Royle</i>	Wild	Forest	Plenty	Rare	anti-inflammatory anti-oxidant	Flowers,Seed	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Climber		<i>Viscum album</i> <i>L</i>	Wild	Forest	Plenty	Rare	treatment of cardiac weakness,arrhythmia	Leaves,Stem,Pea sized Berries	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Euphorbia cognata</i> <i>(Klotzsch &amp; Garcke) Boiss</i>	Grow Annually	Forest	Plenty	Rare	Breathing disorder,asthma	Seed Stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Euphorbia rothiana Spreng</i>	Grow Annually	Forest	Plenty	Rare	Rheumatism,warts,cough,asthma	Stem Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Euphorbia helioscopia L</i>	Wild	Forest	Plenty	Rare	used in pharmaceutical industry.	Leaves, Stem,Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Euphorbia wallichii Hook F</i>	Grow Annually	Forest	Plenty	Rare	used against constipation	Leaf,root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Sarcococca saligna (D.Don) Meull Arg</i>	Grow Annually	Forest	Plenty	Rare	laxative ,blood purifier & muscular analgesic	Leaf,Bark,Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Girardinia heterophylla Decne</i>	Grow Annually	Forest	Plenty	Rare	used as soap/shampoo for washing,cattle fodder	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Urtica dioica Linn</i>	Wild	Forest	Plenty	Rare	urinary tract infections	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Brimij	<i>Celtis australis Willd</i>	Wild	Forest	Plenty	Rare	treatment of amenorrhoea,heavy menstrual bleeding & colic	Leaves,Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Tree		<i>Ulmus wallichiana Planch</i>	Wild	Forest	Plenty	Rare	used to heal body mind & skin	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cannabis sativa L</i>	Wild	Forest	Plenty	Rare	used for recreational or medicinal purposes	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Viola betoniifolia Smith</i>	Wild	Forest	Plenty	Rare	used as sedative	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Violacanesceus Wallich</i>	Grow Annually	Forest	Plenty	Rare	used for cough ,cold,flu,fever & malaria	Leaf,Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Viola indica W Becker</i>	Grow Annually	Forest	Plenty	Rare	Respratory tract congestion asthma ,sore throat	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Viola kunawarensis Royle</i>	Grow Annually	Forest	Plenty	Rare	chronic bronchitic,asthma	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Dianthus jacquemontii Edgew</i>	Grow Annually	Forest	Plenty	Rare	used to stimulates urinary system,digestive system & bowels	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Gypsophilla cerastioides D Don</i>	Grow Annually	Forest	Plenty	Rare	used for production of photographic films	Not Available	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lychinus indica Benth</i>	Grow Annually	Forest	Plenty	Rare	Source of soaps ,ornamentals purposes	Roots,Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Silene edgeworthii Bocquet</i>	Grow Annually	Forest	Plenty	Rare	Anti-cancer,anti-fungal & anti-viral	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Stellaria media L</i>	Grow Annually	Forest	Plenty	Rare	cough ,cold constipation,burns	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Hypericum elodeoides Choisy</i>	Grow Annually	Forest	Plenty	Rare	treatment in mild to moderate depression	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Hypericum oblongifolium Choisy</i>	Wild	Forest	Plenty	Rare	Hepatitis,gastric ulcers	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Hypericum perforatum L</i>	Wild	Forest	Plenty	Rare	Moderate depression ,anxiety & sleep disorders	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Suchal	<i>Malva neglecta Wallr</i>	Wild	Forest	Plenty	Rare	Astringent,demulcent,diuretic	Leaves,Floers,Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Geranium polyanthes Edgew &amp; H.F</i>	Wild	Forest	Plenty	Rare	Tumor,cosmetic,laxative & hair colour	Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Gugchuk, Ringrash	<i>Geranium pretense L</i>	Grow Annually	Forest	Plenty	Rare	cholera,diarrhoea	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Tung	<i>Cotinus coggygna Scop</i>	Grow Annually	Forest	Plenty	Rare	Coagulant,fever reducer	Leaves,Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Rhus succedanea L</i>	Wild	Forest	Plenty	Rare	Treatment of phthisis	Fruits	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Astragalus grahamianus Royle ex Benth</i>	Wild	Forest	Plenty	Rare	Urinary disease,respiratory,skin problems	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Astragalus himalayana Klotsch</i>	Grow Annually	Forest	Plenty	Rare	Kidney disease,diabetes	Gum	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub	Shemar	<i>Desmodium elegans DC</i>	Wild	Forest	Plenty	Rare	used for chronic hepatitis, treatment of bilious complaints	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Indigofera heterantha Wallich ex Brandis</i>	Grow Annually	Forest	Plenty	Rare	branches are used as basket making it is also used as fuel	Floers ,Branches	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Indigofera tinctoria L</i>	Grow Annually	Forest	Plenty	Rare	used to treat nervous disorders,asthama, liver disease	Flowering & Fruiting Branches	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Trifalium fragiferum L</i>	Grow Annually	Forest	Plenty	Rare	used as green manure & flowers are used to make jelly	Flowers,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Triflum repens L</i>	Grow Annually	Forest	Plenty	Rare	a lincture of the leves are applied as an ointmentto Govt.	Flowers,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Trigonella emodi Benth</i>	wild	Forest	Plenty	Rare	Reduce fever	Stem ,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Vicia sativa Linn</i>	Grow Annually	Forest	Plenty	Rare	seeds are used to form bread, cakas, biscuits	Seed	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Vicia sepium Linn</i>	Grow Annually	Forest	Plenty	Rare	used as nitrogen fixation used for hay or silage particularly arable silage.	Rhizomes,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Fiaus palmata Forsk</i>	Grow Annually	Forest	Plenty	Rare	used for treatment of longs & bladder diseases	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Monus serrate Roxb</i>	Grow Annually	Forest	Plenty	Rare	juice of the root is used as an anthelmintic.wood is used for making furniture	Root ,Wood	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Platanus orientalis L</i>	Grow Annually	Forest	Plenty	Rare	Making fabric dye,	Dried leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Akhroot	<i>Juglans regia Linn</i>	wild	Forest	Plenty	Rare	leaves are used in treatment of of chronic coughs,asthma & purify blood and treat diabetes	Leaves,Fruit,	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Alnus nepalensis D. Don</i>	Wild	Forest	Plenty	Rare	Used for making charcoal,reducing swelling of leg,juice is applied on burns	Wood,Leaves,Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Champ	<i>Alnus nitida (Spach) Endl.</i>	Grow Annually	Forest	Plenty	Rare	Bark is used to treat swelling & body pain	Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Tree	Bhoj patra	<i>Betula utilis D Don</i>	Wild	Forest	Plenty	Rare	Bark is used for writing lengthy scriptures & texts,also used for packaging	Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Corylus jacquemontii Decne</i>	Wild	Forest	Plenty	Rare	seeds are used as oil	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Quercus baloot Griffith</i>	Grow Annually	Forest	Plenty	Rare	seeds are used in manufacturing of insecticides	seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Populus alba L</i>	Grow Annually	Forest	Plenty	Rare	used in the treatment of arthritis,gout,lower back problem and reduce fever	Stem,Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Populus oliata Wallich ex Royle</i>	Grow Annually	Forest	Plenty	Rare	used as fuel wood,also used as timber & making furniture	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Willow	<i>Salix alba Boiss</i>	Wild	Forest	Plenty	Rare	stems are used in basket making.	Stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Kareel- kaimbal	<i>Berberis aristata DC</i>	Wild	Forest	Plenty	Rare	used in treatment of juindice,urinary disorders	Root,Stem,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub		<i>Berberis jaeschkeana C.K Schneider</i>	Wild	Forest	Plenty	Rare	used in treatment of tumor	Rhizomes,Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	Kaimal/Daruhaldi	<i>Berberis lycium Royle Trans Linn</i>	Wild	Forest	Plenty	Rare	used an immunity booster	Roots ,Stem,Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Podophyllum hexandrum Royle</i>	Wild	Forest	Plenty	Rare	usedto treat gynecology infections	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Meconopsis aculeata Royle</i>	Wild	Forest	Plenty	Rare	used to help heal broken bones,treaty inflammation from fractures	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Meconopsis latifolia Prain</i>	Grow Annually	Forest	Plenty	Rare	used against ulces,disorders of lungs.	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Papaver somniferum L</i>	Grow Annually	Forest	Plenty	Rare	used for commercial purposes	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Corydalis cachemiriana Royle</i>	Grow Annually	Forest	Plenty	Rare	used for mild depression	Flowers,Stems,L eaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Bhutyata	<i>Corydalis govaniiana Wallich</i>	Wild	Forest	Plenty	Rare	its drug is used in the form of decoction	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Corydalis rutifolia (Sibth) DC</i>	Grow Annually	Forest	Plenty	Rare	various medicinal value	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Corydalis thyrsoiflora Prain</i>	Wild	Forest	Plenty	Common Vulnerable	used to treat stomach problem	Leaves,Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Fumaria indica Pugsley</i>	Wild	Forest	Plenty	Rare	used as a common weed, isolation & polyherbal	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Capsella bursa pastoris (L) Moench</i>	Wild	Forest	Plenty	Rare	used as a folk remedy for cancer, nose bleeding	Seeds,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Erysimum melicetae Dunn</i>	Wild	Forest	Plenty	Rare	used in medicine, food item	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Nasturtium officinale Br.</i>	Wild	Forest	Plenty	Rare	leaves are used as a pungent garnish, eaten raw in salads	Leaves,Flowers,Buds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Brassica rapa L</i>	Wild	Forest	Plenty	Rare	provides oils & vegetables,fodder	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Iris hookeriana M. Foster</i>	Grow Annually	Forest	Plenty	Rare	used in aromatherapy,rhizomes given to babies to help in teething	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Iris kashmiriana Baker</i>	Grow Annually	Forest	Plenty	Rare	used in treatment of joint pains	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Iris kemaonensis D. Don ex Royle</i>	Wild	Forest	Plenty	Rare	flowers are used in herbal medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Narcissus tazetta L</i>	Grow Annually	Forest	Plenty	Rare	used in treatment of boils & mastits	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Dioscorea deltoidea Wal ex Kunth</i>	Grow Annually	Forest	Plenty	Rare	used in treatment of digestive disorders ,wound & burns	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Allium royiei Stern</i>	Wild	Forest	Plenty	Rare	used in breeding programmes	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb	Chingposh	<i>Colchicum luteum Baker</i>	Grow Annually	Forest	Plenty	Rare	used as carminative & aphrodisiac, treatment of gout	Corm, Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Fritillaria roylei Hook</i>	Grow Annually	Forest	Plenty	Rare	used for healing wounds	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gagea elegans Wall</i>	Grow Annually	Forest	Plenty	Rare	Used in the form of infusions or decoctions.	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Notholirion thomsonianum (Royle) Stapf</i>	Wild	Forest	Plenty	Rare	Treatment of Various infectious Diseases espically intestinal.	Flower, Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Polygonatum multiflorum (Linn.) All</i>	Grow Annually	Forest	Plenty	Rare	used in wound healing being anti-bacterial	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Polygonatum verticillatum All</i>	Grow Annually	Forest	Plenty	Rare	used to cure cardioponic, aphrodisiac	Tender leaves, Young shoots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Trillium govianum Wall</i>	Wild	Forest	Plenty	Rare	used in dysentery, wound healing, menstrual & sexual disorders.	Rhizomes, Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Tulipa stellata Hook f</i>	Grow Annually	Forest	Plenty	Rare	Used for sinus Pain ,Hay Fever& Headache.	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Arisaema jacquemontii Blume</i>	Wild	Forest	Plenty	Rare	used for the treatment of dermatological disorders,used for phenols	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Valeriana pyrolaefolia decne</i>	Wild	Forest	Plenty	Rare	Usedb orally for anxiety& Psychological stress.	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Dipsacus inermis Wall</i>	Wild	Forest	Plenty	Rare	used in ayurvedic system of medicine	Fresh & Dried Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs	Kim	<i>Morina Longifolia Wallich ex DC</i>	Wild	Forest	Plenty	Rare	Stem, leaves & flowers used as digestive, emetic & stomachic	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Achillea millefolium L</i>	Grow Annually	Forest	Plenty	Rare	above ground parts used in cold, tonic & astringent	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Ainsliaea aptera DC.</i>	Grow Annually	Forest	Plenty	Rare	roots used to relieve stomachache, acute fever & constipation	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herbs		<i>Anaphalis nubigena Clarke</i>	Grow Annually	Forest	Plenty	Rare	used as aromatic & antimicrobial	Aerial Parts	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Artemesia scoparia Waldst. &amp; Kit</i>	Grow Annually	Forest	Plenty	Rare	flowers, stem seeds used as antiseptic, diuretic & antipyretic	Flowers,Stem ,Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Artemesia gmelini Bess</i>	Grow Annually	Forest	Plenty	Rare	plants rich source of essential oil	Leaf ,Stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs	Mooin	<i>Artemesia Maritima L.</i>	Wild	Forest	Plenty	Rare	antiseptic, diuretic & antipyretic	Leraves ,Flowerin g	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Aster indamellus Grierson</i>	Grow Annually	Forest	Plenty	Rare	as food & medicine	Leaf,Flower,Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Cirsium arvense (L) Scop</i>	Wild	Forest	Plenty	Rare	remedy for toothache & treatment of indigestion	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Cirsium falconeri (Hook.f.) Petrak</i>	Wild	Forest	Plenty	Rare	whole plant & roots used for treating oedema	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herbs		<i>Dubyaea hispide DC.</i>	Grow Annually	Forest	Plenty	Rare	used to remove excess pitta dosh,treat fever.	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Echinops cornigerus DC</i>	Grow Annually	Forest	Plenty	Rare	root are aphrodisiac, whole plant antipyretic & analgesic	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Erigeron canadensis L.</i>	Grow Annually	Forest	Plenty	Rare	whole plant diuretic, hemostatic & antidiarrheal	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Filago germanica Linn</i>	Grow Annually	Forest	Plenty	Rare	has chemical, biological & toxicological properties	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Galinsoga parviflora Cav</i>	Wild	Forest	Plenty	Rare	used for treatment of nettle sting & similar skin inflammation	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Gerbera gossypina (Royle) Beauv</i>	Grow Annually	Forest	Plenty	Rare	ornamental	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Gnaphalium luteo album Linn</i>	Grow Annually	Forest	Plenty	Rare	antibacterial, antifungal, antioxidalt	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Shrub	Shutenger	<i>Rhododendron anthopogon D. Don</i>	Wild	Forest	Plenty	Rare	treatment of constipation, didysentry, fever	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Anagallis arvensis Linn</i>	Grow Annually	Forest	Plenty	Rare	whole plant used as expectorant, dropsy,diuractic,purgative	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Androsace rotundifolia Hardw.</i>	Wild	Forest	Plenty	Rare	dried plant used against bronchitis, asthma,cough	Dried Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Androsace sempervivoides Jacquem, ex Duby</i>	Wild	Forest	Plenty	Rare	Industrial usage.	Flowering,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Primula atrodentata W.W.Smith</i>	Grow Annually	Forest	Plenty	Rare	flower & leaves are edible, used to make tea	Flower,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Primula denticulata Smith</i>	Wild	Forest	Plenty	Rare	flower & leaves are edible, used to make tea	Flower,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Primula rosea Royle</i>	Wild	Forest	Plenty	Rare	asthma & digestive problems	Flower,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Tree		<i>Fraxinus excelsior L.</i>	Grow Annually	Forest	Plenty	Rare	bark & leaf used against fever, gout, arthritis	Bark,Leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Jasminium grandiflorum L.</i>	Grow Annually	Forest	Plenty	Rare	used for treating wounds, skin disease, ulcers,headache	Not Available	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Jasminium humile L</i>	Grow Annually	Forest	Plenty	Rare	root juice used against ringworm, flowers used to cure intestinal problems	Root,Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Kahu	<i>Olea cuspidata Wallich ex G. Don</i>	Grow Annually	Forest	Plenty	Rare	bark used for fracture, leave use for treatment of malaria, UTI	Bark,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Buddleja paniculata Wall</i>	Grow Annually	Forest	Plenty	Rare	used for treatment of skin disease, malaria	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Gentiana carinata Griseb</i>	Grow Annually	Forest	Plenty	Rare	used against diarrhea, loss of appetite, heart burn	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Gentiana Kuroo Royle</i>	Grow Annually	Forest	Plenty	Rare	rhizome is antihelminthic, diaphoretic,digestive tonic	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herbs	Kazuban	<i>Arnebia benthamii</i> (Wall. Ex G.Don) Johnston	Grow Annually	Forest	Plenty	Rare	used as red clour to food, oil & fats, plantalso used as diuretic, expectorant, tonic	Flowering, Shoots & Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herbs		(Royle) Kazmi	Grow Annually	Forest	Plenty	Rare	use to manage disorders like hapatotoxicity	Not Available	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Grass	Congress grass /Jadi	<i>Parthenium hysterophorus</i>	Grow Annually	Forest	Plenty	Plenty	Commercial enzymes production,biopesticides,green manure & composte	Weed	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Bhang	<i>Cannabis sativa</i>	Grow Annually	Forest	Plenty	Rare	Used as a source of industrial fibre,seed oil,food,recreation,religious & sprititual moods & medicine	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Trikanni	<i>Acer pictum</i>	Grow Annually	Forest	Plenty	Rare	Use as food ,medicine,ornamental & source of wood	Whole plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Sheesham	<i>Dalbergia sisoo</i>	Grow Annually	Forest	Rare	Rare	Making furniture & paper.	Wood,Leaves,	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Heru	<i>Quercus ilex</i>	Grow Annually	Forest	Plenty	Rare	Firewood & fodder	Wood,Leaves,	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Tree	Marhu/oak	<i>Quercus floribunda</i>	Grow Annually	Forest	Plenty	Rare	Firewood & fodder	Wood,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Bren	<i>Ulmus villosa</i>	Grow Annually	Forest	Plenty	Rare	Medicinal ,aeromatic,anti-inflammatory,furniture	Bark,Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Bankhoor	<i>Aesculus indica</i>	Wild	Forest	Plenty	Rare	Treatment of skin disease, Rh, astringent, narcotic,relief of headache	Leaves,Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Hamesh-Bahar	<i>Calendula officinalis</i>	Grow Annually	Forest	Plenty	Rare	Applied on Skin disease,Burns	Flower,leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree	Feku	<i>Ficus Palmata</i>	Wild	Forest	Plenty	Rare	Skin diseases,contipation	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Banafsha	<i>Viola odorata</i>	Grow Annually	Forest	Plenty	Rare	Throat problem,Cold,cough	Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Nirbisha	<i>Delphinium drunonianum</i>	Grow Annually	Forest	Plenty	Rare	Diabetes	Whole Plant	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub	Tutfoor,Rachi	<i>Ephedra gegardina</i>	Grow Annually	Forest	Plenty	Rare	Asthma,Cardic Stimulate,Allergy,Respiratory Disorder	Twigs	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Kaahlu	<i>Eremurus himailicus</i>	Wild	Forest	Plenty	Rare	Vegetable	Leaves,Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Tengu,Tyangu	<i>Hyssopus officinalis</i>	Grow Annually	Forest	Plenty	Rare	Substitute for saffron,Liver & Blood Disorder	Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Gyromitra esculenta</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Helvella crispa</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Helvella elastica</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Morchella conica</i>	Grow Annually	Forest	Rare	Rare	Indigestion,phlegm,shortness of breath	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Fungi		<i>Morchilla esculenta</i>	Grow Annually	Forest	Rare	Rare	Edible,laxative,Body tonic,stomach problem,economical beneficial	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Peziza vesiculosa</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Aricus campestris</i>	Grow Annually	Forest	Rare	Rare	treatment of cancer,Type-2 diabetes,high-cholesterol,digestive problem	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Agaricusmacrocarpus</i>	Grow Annually	Forest	Rare	Rare	Intoxicating drink,edible	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Amanita pantherina</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Boletus edulis</i>	Grow Annually	Forest	Rare	Rare	Edible	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Cantharellus cibarius</i>	Grow Annually	Forest	Rare	Rare	Anti-microbial,cytotoxicity,Anti-oxidant,wound healing	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Fungi		<i>Coprinus atramentarius</i>	Grow Annually	Forest	Rare	Rare	Balancing blood sugar level,diabetes properties	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Caprinus comatus</i>	Grow Annually	Forest	Rare	Rare	Mimics insulin	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Galerina helvolicens</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Galerina mutabilis</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Hypholoma capnoides</i>	Grow Annually	Forest	Rare	Rare	Edible mushroom	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Schizophyllum commune</i>	Grow Annually	Forest	Rare	Rare	Anti-cancer activity,edible	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi	Datura	<i>Geatrum triplex</i>	Grow Annually	Forest	Rare	Rare	Analgesic,anti-inflammatory,treatment of stomach	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Fungi		<i>Bovista pussila</i>	Grow Annually	Forest	Rare	Rare	Medicine,edible	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Fomes fomentarius</i>	Grow Annually	Forest	Rare	Rare	Laxative,Treatment of cancer	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Fomitopsis pinicola</i>	Grow Annually	Forest	Rare	Rare	Anti-tumor,anti-bacterial,anti-viral	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Ganoderma applanatum</i>	Grow Annually	Forest	Rare	Rare	Cancer treatment,diabetics	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Ganoderma lucidum</i>	Grow Annually	Forest	Rare	Rare	anti-inflammation,Analgesic,Anti-bacterial	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Trametes versicolor</i>	Grow Annually	Forest	Rare	Rare	Enhance the health of immune system	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Sparassis crispa</i>	Grow Annually	Forest	Rare	Rare	Anti-tumor,Anti-inflammatory,Anti-allergic	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Fungi		<i>Pleurotus spp.</i>	Grow Annually	Forest	Rare	Rare	Anti- Tuber,anti- genotoxic,Anti-oxidant	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Fungi		<i>Ramaria formosa</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Strodilanthes urticifolia</i>	Wild	Forest	Plenty	Rare	Medicinal value	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Achyranthes bidentata blume</i>	Wild	Forest	Plenty	Rare	Treatment of leach bites, diuretic	Seeds, Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Amaranthus caubatus</i>	Cultivated	Forest	Plenty	Rare	Ornamental, laxative	Roots, Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Amaranthus viridis</i>	Cultivated	Forest	Plenty	Rare	Treatment of fever, pain, asthma	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Allium cepa</i>	Cultivated	Forest	Plenty	Rare	Antiinflammatory, antiseptic	Bulb, Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Allium humile kunth</i>	Wild	Forest	Plenty	Rare	Treatment of cholera, dysentery, cough	Bulbs	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Allium sativum</i>	Cultivated	Forest	Plenty	Rare	Fever, diabetics, swellings	Bulbs	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Allium semenovii</i>	Wild	Forest	Plenty	Rare	Reduce blood calastrol level	Bulbs	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Bupleurum bupjucundum</i>	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Bupleurum longifolium</i>	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Coriandrum sativum</i>	Cultivated	Forest	Plenty	Rare	Measals, hemorrhoids, toothache & joint pain	Leaves, Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cortia depressa</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Ligusticum elatum</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Oenanthe javanica</i>	Wild	Forest	Plenty	Rare	Joundice, abdomnal pain	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Pleurosermum brunonis</i>	Wild	Forest	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Pleurosermum candollei</i>	Wild	Forest	Plenty	Rare	Used in folk medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Pleurosermum stellatum</i>	Wild	Forest	Plenty	Rare	To make black or red dye, water proof black ink	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Selinum wallichinum</i>	Wild	Forest	Plenty	Rare	Garden uses beds & borders	Aerial Part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Aralia cachemirica</i>	Wild	Forest	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Arisaema propinquum</i>	Wild	Forest	Plenty	Rare	Uses in snake bite, RH	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Begonia rubella</i>	Wild	Forest	Plenty	Rare	Cure arthrites & common join pain	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Hackelia uncinata</i>	Wild	Forest	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lindelofia longiflora</i>	Wild	Forest	Plenty	Rare	Folk medicines	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Myosotis alpestris</i>	Wild	Forest	Plenty	Rare	Lotion for wounds nose bleed	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Onosma hispidum</i>	Wild	Forest	Plenty	Rare	Used as food & medicine, wounds	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Pseudomertensia moltkioides</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Pseudomertensia trollii</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Alliaria petiolata</i>	Cultivated	Forest	Plenty	Rare	Treatment of bronchitis,asthma,& Rh	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Arabis bijuga</i>	Wild	Forest	Plenty	Rare	Gastro-intestinal problems,dysentry & stomach ache	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Arcyosperma primulifolium</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Barbarea vulgaris</i>	Wild	Forest	Plenty	Rare	Edible,,used as a salads	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cardamine macrophylla</i>	Wild	Forest	Plenty	Rare	Medicinal uses, as a vegetable	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Crucihimalaya himalaica</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Crucihimalaya mollissima</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Erysimum hieraciifolium</i>	Wild	Forest	Plenty	Rare	Edible	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Hesperis matronalis</i>	Wild	Forest	Plenty	Rare	Treatment of Scurvy,oil used in perfumery	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lepidium virginicum</i>	Wild	Forest	Plenty	Rare	To treat vitamin-C deficiency,pains & diabetes	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Raphanus sativus</i>	Cultivated	Forest	Plenty	Rare	To treat constipation,chronic tracheitis & hypertension	Leaves root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Sisymbrium irio</i>	Wild	Forest	Plenty	Rare	Edible,Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Thlaspi arvense</i>	Wild	Forest	Plenty	Rare	Antidote,Blood tonic	Seed, Leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Thlaspi cochleariforme</i>	Wild	Forest	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Sarcococca pruniformis</i>	Wild	Forest	Plenty	Rare	Laxative,blood purifier	Leaves, Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Campanula aristata</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Campanula cana</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Campanula latifolia</i>	Wild	Forest	Plenty	Rare	Local use as a food & medicine	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Campanula pallida</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Codonopsis clematidea</i>	Wild	Forest	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Codonopsis ovata</i>	Wild	Forest	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cyananthus lobatus</i>	Wild	Forest	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Abelia triflora</i>	Wild	Forest	Plenty	Rare	Used as a wood,walking sticks	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Lonicera oblate</i>	Wild	Forest	Plenty	Rare	Used for digestive disorders,including pain & swelling	Aerial Part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Scabiosa speciosa</i>	Wild	Forest	Plenty	Rare	To treat heel cracks,liver diseases	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Arenaria bryophylla Fernald</i>	Wild	Forest	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cerastium cerastoides (L.) Britton</i>	Wild	Forest	Plenty	Rare	Anti bacterial activity	Flowers, stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Herb		<i>Cerastium fontanum Baumg</i>	Wild	Forest	Plenty	Rare	Edible	Flowers, stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Dianthus angulatus Baumg</i>	Wild	Forest	Plenty	Rare	Used as a tonic for urinary system,digestive system & bowls	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gypsophila cerastoides D.Don</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Myosoton aquaticum (L.) Moench</i>	Wild	Forest	Plenty	Rare	Treatment of fistula	Flowers, Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Minuartia kashmirica (Edgew. &amp; Hook. f.) Mattf.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Silene conoidea L.</i>	Wild	Forest	Plenty	Rare	Herbal Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Silene gonosperma (Rupr.) Bocquet</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Silene indica var. edgeworthii</i> (Bocquet) Y.J.Nasir	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Silene indica</i> (Roxb.) Roxb. ex Oth	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Stellaria decumbens</i> Edgew.	Wild	Forest	Plenty	Rare	Leaf vegetable, Salad	Leaf, Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Parnassia nubicola</i> Wall. ex Royle	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Euonymus hamiltonianus</i> Wall	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Anaphalis nepalensis</i> (Spreng.) Hand.-Mazz.	Wild	Forest	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Anaphalis triplinervis</i> (Sims) C. B. Clarke	Wild	Forest	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Anaphalis margaritaceae L.</i>	Wild	Forest	Plenty	Rare	Diarrhoea, dysentery, Rh, joints	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Artemisia dubia Wall.</i>	Wild	Forest	Plenty	Rare	Cuts & wounds	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Artemisia scoparia Waldst. &amp; Kitam.</i>	Wild	Forest	Plenty	Rare	Anticeptic, Antipyretic	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Artemisia vestita Wall. ex Besser</i>	Wild	Forest	Plenty	Rare	Inflammatory diseases	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Aster diplostephioides (DC.) C. B. Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Aster falconeri (C. B. Clarke) Hutch.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Aster flaccidus Bunge</i>	Wild	Forest	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Aster molliusculus</i> (Lindl. ex DC.) C.B.Clarke	Wild	Forest	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Aster thomsonii</i> C.B.Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Carduus edelbergii</i> <u>Rech.f.</u>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower, Leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cicerbita macrorhiza</i> (Royle) Beauverd	Wild	Forest	Plenty	Rare	Fever	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Conyza japonica</i> (Thunb.) Less. ex DC.	Wild	Forest	Plenty	Rare	Food flavouring	Aerial Part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cremanthodium decaisnei</i> C.B.Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cremanthodium ellisii</i> (Hook.f.) Kitam.	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Crepis sancta L. (Bornm)</i>	Wild	Forest	Plenty	Rare	Edible, salad	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Erigeron bellidioides (Buch.-Ham. ex D. Don) Benth. C. B. Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Erigeron multiradiatus (Lindl. ex DC.) Benth. ex C. B. Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gnaphalium stewartii C.B. Clarke</i>	Wild	Forest	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Sunflower	<i>Helianthus annuus L.</i>	Cultivated	Forest	Plenty	Rare	High fever, snake bite	Leaf, Seed	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Pushkarmula	<i>Inula grandiflora Willd.</i>	Wild	Forest	Plenty	Rare	Chronic bronochits & Rh	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Gomchooi	<i>Ligularia fischeri (Ledeb.) Turcz.</i>	Wild	Forest	Plenty	Rare	Jaundice,Rh,Hepatic disease	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Sonchus asper (L.) Hill</i>	Wild	Forest	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Tanacetum dolichophyllum Kitam.</i>	Wild	Forest	Plenty	Rare	Fever, migrana, headache, Rh	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Tanacetum tibeticum Hook.f. &amp; Thomson</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Tussilago farfara L.</i>	Wild	Forest	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Waldheimia glabra (Decne.) Regel</i>	Wild	Forest	Plenty	Rare	Influenza virus & anti complementry extract	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Waldheimia tomentosa (Decne.) Regel</i>	Wild	Forest	Plenty	Rare	Stomach ache problem	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Youngia japonica (L.) DC.</i>	Wild	Forest	Plenty	Rare	Boils & snake bites	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Rhodiola heterodonta</i> (Hook. f. & Thomson) Boriss.	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Rhodiola wallichiana</i> (Hook.) S.H. Fu	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Rosularia alpestris</i> (Kar. & Kir.) Boriss.	Wild	Forest	Plenty	Rare	Ornamental garden plants, Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Climber		<i>Cucumis sativus L.</i>	Cultivated	Forest	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Climber		<i>Cucurbita pepo L.</i>	Cultivated	Forest	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Datisca cannabina L.</i>	Wild	Forest	Plenty	Rare	Treatment of Rh	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Equisetum arvense L.</i>	Wild	Forest	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub		<i>Gaultheria trichophylla</i> Royle	Wild	Forest	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Euphorbia cornigera</i> Boiss.	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Euphorbia thomsoniana</i> Boiss.	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Quercus baloot</i> Griff.	Wild	Forest	Plenty	Rare	Anti bacterial potential	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Quercus semecarpifolia</i> Sm.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gentiana cachemirica</i> Decne.	Wild	Forest	Plenty	Rare	Digession problem	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gentiana ornata</i> (D.Don) Wall. ex Griseb.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Herb		<i>Gentiana phyllocalyx</i> C.B Clarke	Wild	Forest	Plenty	Rare	Diarrhoea, dysentery	Leaf, sepal	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gentiana tianschanica</i> Rupr. ex Kusn.	Wild	Forest	Plenty	Rare	Digestion problem	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gentianella moorcroftiana</i> (Wall. ex Griseb.) Airy Shaw	Wild	Forest	Plenty	Rare	Cold cough, nausea	Leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Jaeschkea oligosperma</i> Knobl.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Swertia ciliata</i> (D. Don ex G. Don) B.L. Burt	Wild	Forest	Plenty	Rare	Skin diseases, cancer	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Swertia petiolata</i> Royle ex D. Don	Wild	Forest	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Swertia speciosa</i> G. Don	Wild	Forest	Plenty	Rare	Asthma, liver disorder	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Erodium cicutarium L. (L.) Her</i>	Wild	Forest	Plenty	Rare	Typhoid, fever	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Geranium lambertii Sweet</i>	Wild	Forest	Plenty	Rare	Skin problem, reduces strss	Dried leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Geranium himalayense Klotzsch</i>	Wild	Forest	Plenty	Rare	Garden uses, beds & borders	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Geranium nepalense Sweet</i>	Wild	Forest	Plenty	Rare	Nervous diseeseas, pains, Rh	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
		<i>Geranium pusillum L.</i>		Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Geranium rotundifolium L.</i>	Wild	Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Geranium wallichianum D.Don ex Sweet</i>	Wild	Forest	Plenty	Rare	Peptic ulcers, cure toothache	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub		<i>Ribes nigrum L.</i>	Wild	Forest	Plenty	Rare	Useful in allergy, fatigue, rhimities	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Ribes himalense Royle ex Decne.</i>	Wild	Forest	Plenty	Rare	Used as food & medicine	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Hypericum japonicum Thunb.</i>	Wild	Forest	Plenty	Rare	Asthama & dycenty	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Philadelphus tomentosus wall ex G. Don</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Ajuga integrifolia Buch.-Ham.</i>	Wild	Forest	Plenty	Rare	Diarrhea, Malaria	Leaf	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Clinopodium vulgare L.</i>	Wild	Forest	Plenty	Rare	Overcome weak digestion	leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Elsholtzia ciliata (Thunb.) Hyl.</i>	Wild	Forest	Plenty	Rare	Common cold,fevers,headache	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub		<i>Isodon rugosus</i> (Wall. ex Benth.) Codd	Wild	Forest	Plenty	Rare	Tooth ache,gastric pain,	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lamium album L.</i>	Wild	Forest	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Leonurus cardiaca L.</i>	Wild	Forest	Plenty	Rare	Gynecological afflictions	Seed	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Mentha arvensis L.</i>	Wild	Forest	Plenty	Rare	Diarrhea & Dysentery,stomach problem	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Soyabean	<i>Glycine max (L.) Merr.</i>	Cultivated	Forest	Plenty	Rare	Treatment of oedema, dysuria	Seed	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Indigofera hebeptala Baker</i>	Wild	Forest	Plenty	Rare	Edible	Fruit, flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lotus corniculatus L.</i>	Wild	Forest	Plenty	Rare	Anti-inflammatory,Skin inflammation	Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Shrub		<i>Robinia pseudoacacia L.</i>	Wild	Forest	Plenty	Rare	Wounds, Pain reliever	Dried leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Trifolium pratense L.</i>	Wild	Forest	Plenty	Rare	Antispasmodic, Anti-inflammatory	Leaves flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Trifolium repens L.</i>	Wild	Forest	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
		<i>Vicia rigidula Royle</i>		Forest	Plenty	Rare	Weight loss	Leaves flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Fritillaria roylei Hook.</i>	Wild	Forest	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Gagea lutea</i>	Wild	Forest	Plenty	Rare	Used as food	Bulbs, leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lilium polyphyllum D.Don</i>	Wild	Forest	Plenty	Rare	Diuretic, Anti-pyruetic	Bulbs	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Tulipa clusiana DC.</i>	Wild	Forest	Plenty	Rare	Edible as oil	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Lavatera cachemiriana Cambess.</i>	Wild	Forest	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Ficus carica L.</i>	Wild	Forest	Plenty	Rare	Respiratory problems, Anti-inflammatory	Fruit, leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Tree		<i>Morus alba L.</i>	Wild	Forest	Plenty	Rare	Asthma, Bronochits	Bark	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Climber		<i>Jasminum humile L.</i>	Wild	Forest	Plenty	Rare	Heart bowels, Astringent	Roots, Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Climber		<i>Jasminum officinale L.</i>	Wild	Forest	Plenty	Rare	Hepatitis, Diarrhea, Cancer treatment	Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Syringa emodi Wall. ex. Royle.</i>	Wild	Forest	Plenty	Rare	Stomach treatment, instential problems	Seed, Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Epilobium angustifolium L.</i>	Wild	Forest	Plenty	Rare	Anti- septic, ulcers,inflammation	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Epilobium latifolium L.</i>	Wild	Forest	Plenty	Rare	Analgesic,Antidote	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
		<i>Epilobium royleanum Hausskn.</i>	Wild	Forest	Plenty	Rare	Treatment & prostate bladder	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Calanthe tricarinata Lindl.</i>	Wild	Forest	Plenty	Rare	Asthma, Coughing	Leaves flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Cypripedium cordigerum D.Don</i>	Wild	Forest	Plenty	Rare	Fever, Backache	Fruit	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Epipactis helleborine (L.) Crantz</i>	Wild	Forest	Plenty	Rare	Ornamental use	Flower	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub		<i>Arundo donax L.</i>	Wild	Forest	Plenty	Rare	Basket making, Diuretic, Diaphroetic	Grass	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Herb		<i>Bothriochloa ischaemum (L.) Keng</i>	Wild	Forest	Plenty	Rare	Agro-forestry use	Grass	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Bromus catharticus Vahl</i>	Wild	Forest	Plenty	Rare	Agro-forestry use	Grass	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Aquilegia fragrans Benth.</i>	Wild	Forest	Plenty	Rare	Sedative, Diarrhea,jaundice	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Aquilegia nivalis Falc. ex B. D. Jacks.</i>	Wild	Forest	Plenty	Rare	Cough & Cold	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Delphinium brunonianum Royle</i>	Wild	Forest	Plenty	Rare	Local Medicines,Use as oil	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Delphinium cashmerianum Royle</i>	Wild	Forest	Plenty	Rare	Intestinal worms,insomia	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Delphinium vestitum Wall. ex Royle</i>	Wild	Forest	Plenty	Rare	Cuts ,Dysentry, Rh,Ulcers	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.



Herb		<i>Ranunculus distans</i> Royle	Wild	Forest	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Ranunculus hirtellus</i> Royle	Wild	Forest	Plenty	Rare	Curing swellingin testes	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Thalictrum cultratum</i> Wall.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Thalictrum foliolosum</i> DC.	Wild	Forest	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Thalictrum virgatum</i> Hook. & Thomson	Wild	Forest	Plenty	Rare	Fever,dysentry, Bloodshot eyes, sore throat	Root, Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Trollius acaulis</i> Lind.	Wild	Forest	Plenty	Rare	To make medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Potentilla cuneata</i> Wall. ex Lehm.	Wild	Forest	Plenty	Rare	Diarrhea, menstraul bleeding	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

Tree		<i>Populus ciliata</i> <i>Wall. ex Royle</i>	Wild	Forest	Plenty	Rare	Making boxes for packing purposes, furniture & cross beams	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Shrub	White/ Kashmir willow	<i>Salix alba L.</i>	Wild	Forest	Plenty	Rare	Cold, fever & joint pains	Bark, Stem	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Sanjeevani	<i>Rhodiola fastigiata</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb	Guggi Van	<i>Pleurospermum candollei</i>	Wild	Forest	Plenty	Rare	Used in folk medicines	Whole part	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.

**Format-19 : Wild Plant Species of Importance.**

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Variety	Importance (as economic, social, cultural etc.)	Status
1	Akhrot	<i>Juglans regia</i>	Broad Leave	Ecnomical & Social	Do exist
2	Hatab	<i>Parraotia jacquemontiana</i>	Broad Leave	Ecnomical & Social	Do exist
3	Phrast	<i>Populus alba</i>	Broad Leave	Ecnomical & Social	Do exist
4	Kiker	<i>Acacia nilotica</i>	Broad Leave	Ecnomical & Social	Do exist
5	Champ	<i>Alnus nitida</i>	Broad Leave	Ecnomical & Social	Do exist
6	Heru	<i>Quercus ilex</i>	Broad Leave	Ecnomical & Social	Do exist
7	Kolum	<i>Viburnum novasum</i>	Broad Leave	Ecnomical & Social	Do exist
8	Mohru	<i>Quercus floribunda</i>	Broad Leave	Ecnomical & Social	Do exist
9	Bren	<i>Ulmus wallichiana</i>	Broad Leave	Ecnomical & Social	Do exist
10	Mooiin	<i>Artemisia meritima</i>	Broad Leave	Ecnomical & Social	Do exist
11	Boj Patar	<i>Betula utilis</i>	Broad Leave	Cultural & Social	Do exist
12	Pudina	<i>Mentha longifolia</i>	Broad Leave	Ecnomical & Social	Do exist
13	Socchal	<i>Malva neglecta</i>	Broad Leave	Ecnomical & Social	Do exist
14	Pamachari/Pamchalan	<i>Rheum australe</i>	Broad Leave	Ecnomical & Social	Do exist
15	Kuth	<i>Saussurea lappa</i>	Broad Leave	Ecnomical & Social	Do exist
16	Kakarsinghi	<i>Pistacia intergerrima</i>	Broad Leave	Ecnomical & Social	Do exist
17	Naghchatri	<i>Trillium govaniaum</i>	Broad Leave	Ecnomical & Social	Do exist
18	Ber	<i>Ziziphus mauritiane</i>	Broad Leave	Ecnomical & Social	Do exist
19	Plum	<i>Prunus persica</i>	Broad Leave	Ecnomical & Social	Do exist
20	Zakhamahayat	<i>Sexifraga ligulata</i>	Broad Leave	Ecnomical & Social	Do exist
21	Jangli angoor	<i>Vitis vinefera</i>	Broad Leave	Ecnomical & Social	Do exist
22	Jangli gulab	<i>Rosa maschata</i>	Broad Leave	Ecnomical & Social	Do exist

23	Agg jari	<i>Saxifraga jacquemontiana</i>	Broad Leave	Ecnomical & Social	Do exist
24	Ban tambaku	<i>Verbascum thapsus</i>	Broad Leave	Ecnomical & Social	Do exist
25	Banafsha	<i>Viola odorata</i>	Broad Leave	Ecnomical & Social	Do exist
26	Bankakdi	<i>Podophyllum hexandrum</i>	Broad Leave	Ecnomical & Social	Do exist
27	Belladonna	<i>Atropa belladonna</i>	Broad Leave	Ecnomical & Social	Do exist
28	Bhang	<i>Cannabis sativa</i>	Broad Leave	Ecnomical & Social	Do exist
29	Bhutyata	<i>Corydalis govaniana</i>	Broad Leave	Ecnomical & Social	Do exist
30	Brand	<i>Phytolacca acinosa</i>	Broad Leave	Ecnomical & Social	Do exist
31	Chalander	<i>Viburnum grandiflorum</i>	Broad Leave	Ecnomical & Social	Do exist
32	Chora	<i>Angelica glauca</i>	Broad Leave	Ecnomical & Social	Do exist
33	Chukri	<i>Rheum australe</i>	Broad Leave	Ecnomical & Social	Do exist
34	Chuku	<i>Oxalis corniculata</i>	Broad Leave	Ecnomical & Social	Do exist
35	Dand jari	<i>Rhodiola himalensis</i>	Broad Leave	Ecnomical & Social	Do exist
36	Dhad Kopdi	<i>Bergenia stracheyi</i>	Broad Leave	Ecnomical & Social	Do exist
37	Feku	<i>Ficus palmata</i>	Broad Leave	Ecnomical & Social	Do exist
38	Gaddo	<i>Salvia moorcroftiana</i>	Broad Leave	Ecnomical & Social	Do exist
39	Guggal	<i>Jurinea dolomiaea</i>	Broad Leave	Ecnomical & Social	Do exist
40	Gul-e-snohar	<i>Geranium wallichianum</i>	Broad Leave	Ecnomical & Social	Do exist
41	Hamesh bahar	<i>Calendula officinalis</i>	Broad Leave	Ecnomical & Social	Do exist
42	Handh	<i>Taraxacum officinale</i>	Broad Leave	Ecnomical & Social	Do exist
43	Hillu	<i>Impatiens glandulifera</i>	Broad Leave	Ecnomical & Social	Do exist
44	Jarjam	<i>Sanecio chrysanthemoides</i>	Broad Leave	Ecnomical & Social	Do exist
45	Kaimal	<i>Berberis lyceum</i>	Broad Leave	Ecnomical & Social	Do exist
46	Kala zeera	<i>Bunium persicum</i>	Broad Leave	Ecnomical & Social	Do exist
47	Kahjuban	<i>Arnebia benthami</i>	Broad Leave	Ecnomical & Social	Do exist
48	Kalishadi	<i>Daphne oleoides</i>	Broad Leave	Ecnomical & Social	Do exist
49	Kanhaji	<i>Sorbaria tomentosa</i>	Broad Leave	Ecnomical & Social	Do exist
50	Kareel Kaimbul	<i>Berberis aristata</i>	Broad Leave	Ecnomical & Social	Do exist
51	Kesar	<i>Crocus sativus</i>	Broad Leave	Ecnomical & Social	Do exist

52	Kim	<i>Morina longifolia</i>	Broad Leave	Ecnomical & Social	Do exist
53	Kinns	<i>Dioscorea deltoidea</i>	Broad Leave	Ecnomical & Social	Do exist
54	Kour	<i>Picrorhiza Kurrooa</i>	Broad Leave	Ecnomical & Social	Do exist
55	Kuppad jari	<i>Sedum ewersii</i>	Broad Leave	Ecnomical & Social	Do exist
56	Mooiin	<i>Artemisa maritime</i>	Broad Leave	Ecnomical & Social	Do exist
57	Mori	<i>Delphinium roylei</i>	Broad Leave	Ecnomical & Social	Do exist
58	Mulam	<i>Inula royeleana</i>	Broad Leave	Ecnomical & Social	Do exist
59	Murma	<i>Valeriana dubia</i>	Broad Leave	Ecnomical & Social	Do exist
60	Nag Rus	<i>Acorus calamus</i>	Broad Leave	Ecnomical & Social	Do exist
61	Neel Kanth	<i>Ajuga bracteosa</i>	Broad Leave	Ecnomical & Social	Do exist
62	Nichni	<i>Rhododendron campannalatum</i>	Broad Leave	Ecnomical & Social	Do exist
63	Patrishi	<i>Aconitum heterophyllum</i>	Broad Leave	Ecnomical & Social	Do exist
64	Postul	<i>Taxus baccata</i>	Broad Leave	Ecnomical & Social	Do exist
65	Sapp Google	<i>Arisaema flavum</i>	Broad Leave	Ecnomical & Social	Do exist
66	Shemar	<i>Desmodium elegans</i>	Broad Leave	Ecnomical & Social	Do exist
67	Sheshak	<i>Rhabdosia rugosa</i>	Broad Leave	Ecnomical & Social	Do exist
68	Shutenger	<i>Rhododendren anthopogon</i>	Broad Leave	Ecnomical & Social	Do exist
69	Suchal	<i>Malva neglecta</i>	Broad Leave	Ecnomical & Social	Do exist
70	Tatnu	<i>Caltha palustris</i>	Broad Leave	Ecnomical & Social	Do exist
71	Avens	<i>Geum elatum</i>	Broad Leave	Ecnomical & Social	Do exist
72	Baby's breath	<i>Gypsophila cerastioides</i>	Broad Leave	Ecnomical & Social	Do exist
73	Black Henbit, Henbane,	<i>Hyoscyamus niger</i>	Broad Leave	Ecnomical & Social	Do exist
74	Bladder Champion	<i>Silene vulgaris</i>	Broad Leave	Ecnomical & Social	Do exist
75	Burdock	<i>Arctium lappa</i>	Broad Leave	Ecnomical & Social	Do exist
76	Cinquefoil	<i>Potentilla argyrophylla</i>	Broad Leave	Ecnomical & Social	Do exist
77	Cow Parsnip	<i>Heraclium candicans</i>	Broad Leave	Ecnomical & Social	Do exist
78	Crame's bill flower	<i>Geranium pratense</i>	Broad Leave	Ecnomical & Social	Do exist
79	Cudweed	<i>Gnaphalium hypoleucum</i>	Broad Leave	Ecnomical & Social	Do exist
80	Dandelion	<i>Taraxacum officinale</i>	Broad Leave	Ecnomical & Social	Do exist

81	Darnel grass	<i>Lolium temulentum</i>	Broad Leave	Ecnomical & Social	Do exist
82	Foreget-me-Not	<i>Myosotis sylvatica</i>	Broad Leave	Ecnomical & Social	Do exist
83	Golden Rod	<i>Solidago virgaurea</i>	Broad Leave	Ecnomical & Social	Do exist
84	Granny's Bonnet	<i>Aquilegia fragrans</i>	Broad Leave	Ecnomical & Social	Do exist
85	Groundsel	<i>Senecio chrysanthemoides</i>	Broad Leave	Ecnomical & Social	Do exist
86	Helleborine	<i>Epipactis latifolia</i>	Broad Leave	Ecnomical & Social	Do exist
87	Helleborine Orchid	<i>Epipactis wallichii</i>	Broad Leave	Ecnomical & Social	Do exist
88	Hound's Tongue	<i>Cynoglossum zeylanicum</i>	Broad Leave	Ecnomical & Social	Do exist
89	Kashmir Sage	<i>Salvia hians</i>	Broad Leave	Ecnomical & Social	Do exist
90	Larkspur	<i>Delphinium vestitum</i>	Broad Leave	Ecnomical & Social	Do exist
91	May Apple	<i>Podophyllum hexandrum</i>	Broad Leave	Ecnomical & Social	Do exist
92	Milkvetch	<i>Astragalus</i>	Broad Leave	Ecnomical & Social	Do exist
93	Millfoil	<i>Achillea millefolium</i>	Broad Leave	Ecnomical & Social	Do exist
94	Mountain Sorrel	<i>Oxyria digyna</i>	Broad Leave	Ecnomical & Social	Do exist
95	Nepal Cinquefoil	<i>Potentilla nepalensis</i>	Broad Leave	Ecnomical & Social	Do exist
96	Nepal Dock	<i>Rumex nepalensis</i>	Broad Leave	Ecnomical & Social	Do exist
97	Northern Bedstraw	<i>Galium boreale</i>	Broad Leave	Ecnomical & Social	Do exist
98	Pink Evening Primrose	<i>Oenothera rosea</i>	Broad Leave	Ecnomical & Social	Do exist
99	Red Clover	<i>Trifolium pretense</i>	Broad Leave	Ecnomical & Social	Do exist
100	Rock splitter	<i>Bergenia stracheyi</i>	Broad Leave	Ecnomical & Social	Do exist
101	Silky Woundwort	<i>Stachys sericea</i>	Broad Leave	Ecnomical & Social	Do exist
102	St. John's Wort	<i>Hypericum perforatum</i>	Broad Leave	Ecnomical & Social	Do exist
103	Sun Spurge,	<i>Euphorbia helioscopia</i>	Broad Leave	Ecnomical & Social	Do exist
104	Touch me not	<i>Impatiens thomsonii</i>	Broad Leave	Ecnomical & Social	Do exist
105	Wallich's Willow Herb	<i>Epilobium wallichianum</i>	Broad Leave	Ecnomical & Social	Do exist
106	White spotted Lousewort	<i>Pedicularis punctata</i>	Broad Leave	Ecnomical & Social	Do exist
107	Wild Indigo	<i>Indigofera heterantha</i>	Broad Leave	Ecnomical & Social	Do exist
108	Wild Lettuce	<i>Lactuca longifolia</i>	Broad Leave	Ecnomical & Social	Do exist
109	Wild Rose	<i>Rosa webbiana</i>	Broad Leave	Ecnomical & Social	Do exist

110	Wild Strawberry	<i>Fragaria nubicola</i>	Broad Leaf	Ecnomical & Social	Do exist
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**Format 20: Aquatic Biodiversity**

1	2	3	4	5	6		7	8	9	10
Local Name	Scientific Name	Variety	Features	Habitat	Local Status		Uses	Associated TK	Other details	Community / Knowledge Holder
					Past	Present				
Frog (Mundak)	<i>Rana tigrana</i>	-	Long very powerful back led and web feet	Pond/river	Plenty	Rare	Important role in food chain	Frog are natures pharmacy and provide a very efficient transfer of solar energy	Maintain food chain and food wed.	Locals
Watercress(Nag Biber)	<i>Nasturtium officinale</i>	Aquatic flowering plant	Rapid growing perennial plant	Pond / watery place	Plenty	Plenty	As vegetable	Oldest known leaf vegetables consumed by human	Its high content of Vitamin C makes it remedy such that particular valuable for chronic illnesses	Locals
Maiden hair (Ghvtheer)	<i>Adiantum caudatum</i>	Aquatic Grass	It is a perennial fern producing fronds	Found in shaded areas	Plenty	Plenty	As vegetable	Rich in vitamin-B	It is used n the treatment of chest infection, cough, diabetes, fever and skin disease	Locals



**Format-21 : Wild Aquatic Plant Species of Importance.**

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Variety	Importance	Trends
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**Format-22 : Wild Plants of Medicinal Importance.**

1	2	3	4	5	6		7	8	9	10	11
Plant (Herb, Shrub, Tree)	Local Name	Scientific Name	Variety	Landscape/Habitat	Local status		Associated TK	Uses (usage)	Part used	Other details market/ own use	Community Knowledge Holder
					Past	Present					
Herb	Kanees	<i>Dioscorea deltoidea</i>	Wild	Low Lands	Abundant	Rare	Local having good knowledge with respect to identification of the species and their uses.	Rhematoid	Roots	Medicinal use	Zamindars living in the vicinity of the forest are well versed with the medicinal uses of NTFPs found in the forest
	Handh	<i>Taraxacum officinale</i>	Wild	Low Lands	Abundant	Rare		Anti rheumatic	leaves / Roots	Medicinal use	
	Bunafsha	<i>Viola serpens</i>	Wild	Low Lands	Abundant	Rare		Cough/cold Treatment	Flowers	Medicinal use	
	Sonf	<i>Foeniculum vulgare</i>	Wild	Low Lands	Abundant	Rare		Constipation	seeds	Also used as Flavouring agent	
	Pumchalam	<i>Rheom australe</i>	Wild	High altitude	Abundant	Rare		Cuts/Wounds healing	Roots	Medicinal use	
	Soyi	<i>Urtica dioica</i>	Wild	High altitude	Abundant	Rare		To Heal Cuts/ wounds	Roots	Causes acute skin Allergy	
	Mushak bala	<i>Valeriana wallchi</i>	Wild	High altitude	Abundant	Rare		Insomnia, stress	Roots	Medicinal use	
	Hebel	<i>Rumex sprengel</i>	Wild	High altitude	Abundant	Rare		To Heal Cuts/ Wounds	Leaves/stemp	Medicinal use	
	Pudina	<i>Mentha longifolia</i>	Wild	High altitude	Abundant	Rare		Cooling Medicine	Leaves	Also used cooling Mouth Freshner	

	Mooiin	<i>Artemisia meritima</i>	Wild	Low Lands	Abundant	Rare		Stomach problems	leaves	Medicinal use	
Trees	khorr/Dun	<i>Juglanas regia</i>	Wild	Low Lands	Abundant	Rare	Local having good knowledge with respect to identification of the species and their uses.	to treat toothache	Leavrs, bark, Pericarp	Medicinal use	Zamindars living in the vicinity of the forest are well versed with the medicinal uses of NTFPs found in the forest
	Gugu	<i>Asculus indica</i>	Wild	Low Lands	Abundant	Rare		to Treat rheumatism	seeds	Medicinal use	
	Feku	<i>Ficus palmata</i>	Wild	Low Lands	Abundant	Rare		To Tratr skin dieases	Latex fruit	Medicinal use	
Shurb	Khumbalai	<i>Berberis aristata</i>	Wild	Low Lands	Abundant	Rare		Laxative	Roots	Also Used as fencing	
	Anardana	<i>Punica granatum</i>	wild/ Home grown	Low Lands	Abundant	Rare		To traet juandice	seeds	Pericarp Used as dye	
	Neel Kanth	<i>Ajuga bracteosa</i>	wild	Low Lands	Abundant	Rare		Malarial fever/Gastric problem	leaves	Medicinal use	
	Parontha	<i>Viscum album</i>	wild	Low Lands	Abundant	Rare		used to increase milk Production	leaves	Medicinal use	
	Bhang	<i>Cannabis sativa</i>	wild/Home grown	Low Lands	Abundant	Rare		Narcotic	seeds/Leaves	Medicinal use	
	Datura	<i>Datura stramonium</i>	wild/Home grown	Low Lands	Abundant	Rare		totreat headache, joint pain	seeds	Medicinal use	
	Mooiin	<i>Artemisa vulgaris</i>	wild	Low Lands	Abundant	Rare		Stomach and intsetinal infection	leaves	Medicinal use	

**Format 23: Wild relatives of Crops**

1	2	3	4	5		6	7	8	9	10
Local Name	Scientific Name	Associated crop	Landscape / Habitat	Local Status		Uses (usage)	Part Used	Associated TK	Other details	Community / Know holder
				Past	Present					
Datura	<i>Datura stramonium</i>	Apple, pear, all domestic crops	Low land valley/wild	Plenty	Plenty	Asthama	Leaves	Fruit, leaves & flowers are offered to Lord Shiva	Weed / Medicinal use	Local
Hund	<i>Taraxacum officinale</i>	Agricultural crop	Mountainous region/ Low land valley	Plenty	Plenty	Food	Leaves	Medicinal value	Used as vegetable	Local
Sochal	<i>Malva neglecta</i>	Agricultural crop	Mountainous region/ Low land valley	Plenty	Rare	Food	Leaves	Medicinal value	Used as vegetable	Local

**Format 24: Ornamental Plants**

1	2	3	4	5	6	7	8
Local Name	Scientific Name	Variety	Habitat	Commercial / Non-commercial Uses	Associated TK	Any other Detail	Community/ Knowledge Holder
Chinar	<i>Plantanus orientalis</i>	Broad leave	Govt./ private premises	Non-commercial	Provide cool shade and home for many birds	Leaves are used as kangri fuel	Locals
Sarva kull	<i>Cupressus cashmeriana</i>	Kashmiri cypress	Govt./ private premises	Non-commercial	Ornamental plant	Provides scenery/beauty of the area	Locals
Safeda	<i>Populus</i>	Populus	Govt./ private premises	Commercial	Provides scenery/beauty of the area	Used in fruit packing industries	Locals
Gainda	<i>Tagetes erecta</i>	Local/wild	Home Garden	Non-commercial	Ornamental	Religious	Locals
Gulab	<i>Rose indica</i>	Local /wild	Home Garden	Non-commercial	Ornamental	Religious	Locals
Daliya	<i>Dahlia pinnata</i>	Local home plant	Home Garden	Non-commercial	Ornamental	Religious	Locals

**Format-25 : Fumigate/ Chewing Plants.**

1	2	3	4	5	6		7	8	9	10	11			
Plant (Herb, Shrub, Tree)	Local Name	Scientific Name	Variety	Habitat	Local status		Uses (usage)	Part used	Associated TK	Other details (mode of use)	Community Knowledge Holder			
					Past	Present								
Herb	Sonf/Bodiyana	<i>Foeniculum vulgare</i>	Broad Leaved	Low land	Plenty	less Abundant	Constipation treatment	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area			
	Jungli pudina	<i>Mentha longifolia</i>					Cooling medicine	Leaves						
	Kim	<i>Morima longifolia</i>					to avoid insect damage to garments	Rhizomes						
	Bantambaku	<i>Verbascum thapsus</i>					Narcotic	Leaves						
Shrub	Bhang	<i>Cannabis sativa</i>											Do	leaves
Herb	Dhoop	<i>Jurinea dolomiaea</i>											Religious/cultural/ Medicine	
Trees	Khor/Dun	<i>Juglanas regia</i>											Tooth ache	Leaves pericarp

**Format-26 : Timber Plants.**

1	2	3	4		5	6	7	8
Local Name	Scientific Name	Habitat	Local status		Other Uses, if any	Associated TK	Other Details	Community Knowledge Holder
			Past	Present				
Kail	<i>Pinus wallichiana</i>		Plenty	Rare	less abundant	Wild	Firewood	Inhabitants of the area.
Kiker	<i>Acacia nilotica</i>		Plenty	Rare	less abundant	Wild	Fuel wood, fodder	
Diyar	<i>Cedrus deodara</i>		Plenty	Rare	less abundant	Wild	Firewood, Cedar oil	
Khor/Dun	<i>Juglans regia</i>		Plenty	Rare	less abundant	Wild/homegrown	Firewood,medicine	
Phrast	<i>Populus alba</i>		Plenty	Rare	less abundant	Wild/homegrown	Firewood,Fodder	
Champ	<i>Alnus nitida</i>		Plenty	Rare	less abundant	Wild/homegrown	Firewood,fodder	
Fir	<i>Abies pindrow</i>		Plenty	Rare	less abundant	Wild	Firwood/timber	
Spruce	<i>Picea smithana</i>		Plenty	Rare	less abundant	Wild	Firwood/timber	
Kharshu	<i>Quercus semecarpifolia</i>		Plenty	Rare	less abundant	Wild	Firwood	







**Format-28 : Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, others).**

1	2	3	4	5	6	7		8	9	10	11	12
Animal Type	Local Name	Scientific Name	Habitat	Description	Session when seen	Local status		Uses (if any)	Associated TK	Mode of Hunting, collecting (if any)	Other details	Community Knowledge Holder
						Past	Present					
Mammal	Suh/Leopard	<i>Panthera pardus</i>	High altitude	Fur with dark rosettes	Both summer/winter	Plenty	Rare	Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Pijad	<i>Capra aegagrus</i>	High altitude	Resembles goat	winter	Plenty	Rare	Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Jungli billi	<i>Felis chaus</i>	Lower scrub Forest	Grey, light brown in colour	winter	Plenty	Rare	Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Jackal/ Gidur	<i>Cains aureus</i>	Around Habitation	Nocturnal	winter	Plenty	Rare	Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification

Mammal	Reech/ Bhalu	<i>Ursus americames</i>	High altitude	Omnivore	winter	Plenty	Rare	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Mammal	Snow leopard	<i>Unica unica</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Mammal	Leopard cat	<i>Prionailurus begalensis</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Mammal	Eurasian lynx	<i>Lynx lynx</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Mammal	Grey wolf	<i>Canis lupus</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification

Mammal	Red fox	<i>Vulpus vulpus</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Himalayan Brown Bear	<i>Ursus arctos</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Eurasian Black Bear	<i>Ursus thibetanus</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Himalayan weasel	<i>Mustela siberica</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Himalayan stoat	<i>Mustela ermine</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification

Mammal	Beach or stone weasel	<i>Martes foina</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Yellow-throated marten	<i>Martes flavigula</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Pine martin	<i>Martes martes</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Eurasian otter	<i>Lutra lutra</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Kashmir Musk deer	<i>Moschus cupreus</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification

Mammal	Alpine ibex	<i>Capra ibex</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Himalayan goral	<i>Nemorhaedus flavigula</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Himalayan Tahr	<i>Hermitragus jemlahicus</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Kashmir grey langur	<i>Semnopithecus ajas</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Mammal	Small Indian Mongoose	<i>Herpestes auropunctatus</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification

Mammal	Monkey	<i>Simiiformes catarrhini</i>	High altitude	Social	throughout year	Plenty	Rare	Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Rodents	Chuha	<i>Mus booduga</i>	fields	Common in houses	throughout year	Plenty	Common	Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Rodents	Himalayan marmot	<i>Marmota bobak</i>	Around Habitation		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Rodents	long -tailed marmot	<i>Marmota caudate</i>	Around Habitation		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Rodents	Small Kashmir flying squirrel	<i>Eoglaucomys fimbriatus</i>	Around Habitation		throughout year			Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification

Rodents	Himalayan mouse hare	<i>Ochotona roylei</i>	Around Habitation		throughout year				Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Rodents	Short-Tailed Bandicoot Rat	<i>Nesolia indica</i>	Around Habitation		throughout year				Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Rodents	Porcupine/ Shale	<i>Hystrix indica</i>	Rocky Hills	Has sharp spikes	throughout year	Plenty	Common		Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Reptiles	Saanp	<i>Serpentes</i>	Rocky Hills	Limbless, carnivore with mobile jaw	Summer	Plenty	Common		Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Reptiles	Himalayan pit viper	<i>Agkistrodon himalayanus</i>			throughout year				Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification



Reptiles	Russell's viper	<i>Viper russelii</i>			throughout year				Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Reptiles	Common Skink	<i>Lygosoma himalayanus</i>			throughout year				Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Reptiles	Northern house gecko	<i>Hemidactylus flaviviridis</i>			throughout year				Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Reptiles	Chipkali	<i>Lacertila</i>	Rocky Hills	Quadrepedal	Summer	Plenty	Common		Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification
Birds	Chidya	<i>Passer domestica</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common		Necessary for maintenance of Ecological balance		Prohibited		Locals having good knowledge with respect to their identification

Birds	Koel	<i>Eudynamys scolopaceus</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Birds	Tota	<i>Alexendrine parakeet</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Birds	kawa	<i>Corvus</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Birds	Cheel	<i>Milvus migrans</i>	Migratory	Carvinore	Through out Year	Plenty	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Birds	Chakor	<i>Alectoris chukar</i>	lowlands		Through out Year	Abundant	Rare	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification

Amphibian	Frog	<i>Rana cyanophlictis</i>	Ponds, lakes		summer	Abundant	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Amphibian	Toad	<i>Bufo viridis</i>						Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Insects	Bichoo	<i>Typhlochactas mitchelli</i>	Moist low land		summer	Abundant	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Insects	Ttili	<i>Rhopalocera</i>	low Lands	feeds on flowers nectar	summer	Abundant	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
Insects	Cockroach	<i>Blattodea</i>	low Lands	waste Materila	summer	Abundant	Common	Necessary for maintenance of Ecological balance		Probhited		Locals having good knowledge with respect to their identification
	AS (Alpine Scrub)	RO (Rockey Outcrops)	AE (Ariel Edges)	GD (Garbage Dumps)	OH (Open Hill)							

	OS (Open Scrub)	TB (Temperate Broadleaf)	TC (Temperate Conifer)	RF (Riparian Forest)	UF (Urban Forest)	AQ (Aquatic Forest)						
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**Format-29 : Flora.**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>S. No.</b>	<b>Local Name</b>	<b>Scientific Name</b>	<b>Type of Plants</b>	<b>Habitat</b>	<b>Flowering Season</b>	<b>Remarks (Rare/ Common etc.)</b>

Separate format should be used for road side plantation/ Parks and Gardens/ Housing estate/ Commercial buildings/ other institutional areas, Private club premises and also for Aquatic (water) habitat and Terrestrial (land) habitat.



**Format-31 : Any other information of local importance.**

1	2	3
S. No.	Information of local importance	Remarks

*End of Part II*